

Glade Primary School
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Headteacher: Mrs Farzana Hussain

Thursday 8th December 2022

Dear Parents and Carers,

Mental Health & Wellbeing- Article 24



This week, I would like to remind you of two excellent free sources of help and support. Use the link below to answer five quick questions to receive a support plan with top tips and advice that will work for you. There is a host of resources and advice here including advice on Wellbeing tips, Mental Health issues, coping with life's challenges, supporting others and urgent support. This is well worth a look:

<https://www.nhs.uk/every-mind-matters/>



If you are looking for help with Worrying, read the guides on Accessing Mental Health Services. Clear, trustworthy Mental Health information from Mind, the Mental Health Charity:

<https://www.mind.org.uk/>

Safeguarding- Articles 19 and 34

Teachers and other staff in schools have a 'duty of care' towards their pupils. According to this duty of care, we are required to apply our education and skills to safeguard pupils, demonstrating reasonable and careful professional standards while we are at work.

“We are a listening school. We are a telling School.”

At Glade, we create a safe environment and provide opportunities through circle time, PHSE lessons, assemblies and worry boxes for children to share their concerns or worries with trusted adults at school.



If you are worried about a child or adult in our community, please share confidentially with one of our Safeguarding Team. Mrs F. Hussain, Mr Merchant, Mrs Jones or Mrs Graham.

E-Safety

Today, children will take part in a national assembly about the importance of E-Safety, led by Google's 'Be Internet Legends Programme' in partnership with Parent Zone. This special annual school event focuses on wellbeing: how being online makes us feel and what we can do to manage our feelings. We hope pupils will come away with a positive attitude and new ideas about how to support their digital wellbeing. Please speak to your child/ren and ask about the assembly and what they learnt from it.

Health and Safety

Please supervise your children once you have collected them from class at the end of the day. The play equipment on the playground is out of use, as we are awaiting for repairs. It has signs and is taped off but some parents are still allowing their children to play on it.

Article of the Week- Standard of Living- Articles 26 and 27

Article 26- Social Security

Every child has the right to benefit from social security. Governments must provide social security, including financial support and other benefits, to families in need of assistance.

Article 27- Adequate Standard of Living

Every child has the right to a standard of living that is good enough to meet their physical and social needs and support their development. Governments must help families who cannot afford to provide this.



Picture News- Article 17

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that this year, the BBC (British Broadcasting Corporation) marks 100 years of broadcasting. Lord John Reith, the BBC's first boss said the BBC should 'inform, educate, and entertain'.

This week's question asks children: 'Are television channels as important as they once were?'



British Values

Individual Liberty

With such a huge variety of entertainment available on our screens, we can choose what to watch. We can take some responsibility for our viewing to ensure we have a healthy amount of screen time.



UN Rights of a Child

The BBC was the first broadcasting company in the UK and is now 100 years old. We have the right to get information from the internet, radio, television, newspapers, books and other sources.

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ACCESS TO INFORMATION

Singing for Syrians

'Singing for Syrians' harnesses the power of music to raise money for Syria's most vulnerable. Last week, our KS2 Choir started the festive season with a night of carols and joy at St Margaret's Church, Westminster. I am very proud of our wonderful Choir who sang so confidently with St. Margaret's Church adult choir. One of the priests at the church commented how our choir was the best children's choir he had ever heard! Please visit the school website to watch short recordings of our choir performing:

<https://www.glade.redbridge.sch.uk/gallery-blog>

Thank you to everyone who supported this worthy cause by attending the Carol Service. All funds raised will go directly to health and education projects that are supporting the livelihoods of Syrian doctors and teachers, as well as vital services to their local communities. Thank you to Jonny Walker for recommending our school choir to the organisers of Singing for Syrians.

A special thank you to Mrs Robinson for her time and dedication in rehearsing with the Choir in such a short time.



Group A Streptococcus

Group A streptococcus (GAS) is a common bacteria. Lots of us carry it in our throats and on our skin and it doesn't always result in illness. However, GAS does cause a number of infections, some mild and some more serious. The most serious infections linked to GAS come from invasive group A strep, known as iGAS. These infections are caused by the bacteria getting into parts of the body where it is not normally found, such as the lungs or bloodstream. In rare cases an iGAS infection can be fatal. Whilst iGAS infections are still uncommon, there has been an increase in cases this year, particularly in children under 10 and sadly, a small number of deaths.

GAS is spread by close contact with an infected person and can be passed on through coughs and sneezes or from a wound. Good hand and respiratory hygiene are important for stopping the spread of many bugs. By teaching your child how to wash their hands properly with soap and warm water for 20 seconds, using a tissue to catch coughs and sneezes, and keeping away from others when feeling unwell, they will be able to reduce the risk of picking up, or spreading, infections.

Key messages: Symptoms

Look out for symptoms in your child, which include:

- Sore throat
- Headache
- Fever
- A fine, pinkish or red body rash with a sandpapery feel.

On darker skin the rash can be more difficult to detect visually but will have a sand papery feel.

Contact NHS 111 or your GP if you suspect your child has scarlet fever, because early treatment with antibiotics is important to reduce the risk of complications, such as pneumonia or a bloodstream infection.

If your child has scarlet fever, keep them at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement. Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty or your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

UK Health Security Agency #GroupAStrep

Group A Strep (GAS)

GAS is a common bacteria which causes a range of infections including scarlet fever. These infections are usually mild.

Invasive Group A Strep (iGAS)
It can also cause a rare, more serious infection called Invasive Group A Strep (iGAS). This occurs when GAS bacteria gets into parts of the body where it causes serious disease, like the lungs or bloodstream.

UK Health Security Agency #GroupAStrep

Group A Strep (GAS)

Parents should trust their judgement when their child is poorly. Speak to your GP or call 111 if your child is poorly and getting worse.

Always call 999 or go to A&E if your child:

- ▶ Is having difficulty breathing - such as grunting noises or their tummy sucking under their ribs
- ▶ there are pauses when your child breathes
- ▶ child's skin, tongue or lips are blue
- ▶ is floppy and will not wake up or stay awake.

UK Health Security Agency #GroupAStrep

Group A Strep (GAS)

Cases of Invasive Group A Strep (iGAS) are rare. Some current cases are presenting with sepsis-like symptoms.

Be aware of important sepsis symptoms:

- ▶ Blue, pale or blotchy skin, lips or tongue - on darker skin, check for blueness on the lips, tongue or gums, under the nails or around the eyes
- ▶ rash that doesn't fade when you roll a glass over it
- ▶ difficulty breathing
- ▶ weak, high-pitched cry - not like their normal cry
- ▶ not responding like normal, not interested in feeding or normal activities
- ▶ being sleepier than normal or difficult to wake.

Christingle- Article 14

On Wednesday, members of staff from the Christian Education Project spent the day with us. The day started with a whole school assembly, where the children heard the Christmas nativity story, retold in an innovative manner, using photos of Lego blocks. The children enjoyed finding out more about the meaning of Christmas. "It was fun and interesting hearing the Christmas story using Lego pictures." – Iqraa Y2.



They then worked with the children in KS1 where they ran a Christingle workshop with each class. The children had lots of fun learning about the significance of each part of a Christingle and they very confidently followed instructions to make their own Christingles.



Farewell



We are sorry to inform you that our 6S class teacher, Mrs Sangha, will be leaving at the end of this term to work at a school nearer to her home. She will be missed by her colleagues and children. On behalf of the school community, we thank Mrs Sangha for her many years of service to the school. We wish her and her family all the best, always.

From January, Mrs. Jain will teach 6S from Monday to Thursday. Mr Merchant will teach the class on Fridays.

Attendance- Article 28

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Last week's attendance is lower than usual due to high level of illness.

Well done to **Year 1** for the highest attendance.

Year group	W/B 28.11.22
Nursery	82.86%
Reception	89.32%
Year 1	91.58%
Year 2	88.97%
Year 3	84.67%
Year 4	88.11%
Year 5	86.84%
Year 6	80.00%
Whole school	86.83%

Awards

Congratulations to the following children:

<u>Bronze Merit</u>		<u>Silver Merit</u>
RQ- Mikael, Deen, Abrish, Ayah, Sally and Khizer 1C- Ava-Rose, Aaban, Abubakr, Aman, Kyran, Khadijah Y and Dean. 1S- Twahir 3H- Jack, Nazara, Raifa and Shahmeer		1S- Yahya 4W- Zaynab, Rajveer, Araniya and Hira
<u>Reading Rockets</u> <u>Bronze</u>	<u>Reading Rockets</u> <u>Silver</u>	<u>Special Awards</u>
1C- Khadijah M 1S- Adam, Olivia and Shari 2M- Aamilah and Iqraa	1C- Khadijah M 1S- Adam and Shari	4W- Zohaana- Excellent descriptive writing.

Stars of the Week- Article 29

Well done to the ‘Stars of the Week’



Stars of the Week	
Nursery am- Emma	Nursery pm- Seerat
RQ- Safa	RM- Rowan
1C- Yaqoub	1S - Eesa
2R- Edward	2M- Maryam
3H- Jack	3A- Anaye
4N- Theresa	4W- Shivam
5A- Dylan	5U- Zubayr
6D- Fatima	6S- Rayyan

Writers of the Week- Article 29

Congratulations to our ‘Writers of the Week’

Star Writers	
RQ- Martin	RM- Callum
1C- Aman	1S - Amaan-Abbas
2R- Rohma	2M- Hana
3H- Ayaan	3A- Anika
4N- Hannah	4W- Raihan
5A- Jayden	5U- Daniel
6D- Waniya	6S- Daniyal

Key Dates

Thursday 8th December- Year 6 Celebration of the Caribbean at 2pm- Year 6 parents are invited.

Tuesday 13th December- LKS2 Performance of Alice in Wonderland at 2pm and 5.30pm to parents.

Wednesday 14th December- Christmas Jumper Day and Christmas Lunch.

Thursday 15th December- Whole School Christmas Carol Concert- Deputy Mayor of Redbridge will be attending (Children only).

Thursday 15th December- PTA Winter Wonderland from 3.45pm- 5.45pm.

Monday 19th December- Singing for Syrians- Parents of KS2 Choir are invited.

Monday 19th December- Class Christmas Parties.

Tuesday 20th December- **Christmas presents given to children.**

Tuesday 20th December- Last day of term: half-day. Reception and KS1 finish at 1.15pm, KS2 finish at 1.30pm. There will be no PM Nursery.

Thursday 5th January- School opens for all children.

Yours Sincerely,

Mrs F Hussain
Headteacher

