



Glade Primary School  
Atherton Road, Clayhall, Ilford, Essex. IG5 0PF  
Tel: 0208 708 0200

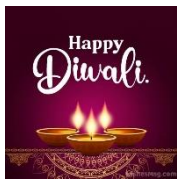
Email: [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) Website: [www.glade.redbridge.sch.uk](http://www.glade.redbridge.sch.uk)  
Headteacher: Mrs Farzana Hussain

Thursday 4<sup>th</sup> November 2021

Dear Parents and Carers,

I wish to welcome you back to the new half term and hope that you had a restful and relaxing break.

### Happy Diwali



Let's celebrate the festival of Diwali in the true sense by spreading joy and lighting up the world of others. Wishing you a happy, safe, and blessed Diwali.

Please email photos of your family celebrating Diwali to [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) for us to add to our Diwali display.

### ± Mental Health & Wellbeing

Recently, life has been more than stressful for all of us and I now believe that we all need a little bit of 'Mindfulness' in our lives! I have been giving it a go; at first it is not easy as it seems and I think that truly switching off for a few minutes is a skill that we should all learn. There has never been a time when we have needed this more!

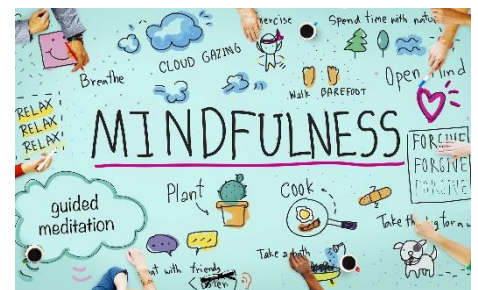
Here are a couple of suggestions for short mindful meditations for you to try:

Mindfulness for **children**: these clips are on YouTube:  
'Cosmic Kids Zen Den' – Mindfulness (A selection of five minute clips).  
'Sitting Still Like a Frog' (5 minute mindfulness sessions).

These are for **adults**:  
<https://www.youtube.com/channel/UCkB9zEEqnP9kMI5VChd99Q>

<https://www.puregym.com/blog/top-free-mindfulness-apps/>

A reminder that help is available for parents and carers: <https://www.youngminds.org.uk/parent/parents-helpline-and-webchat>



What are the PANTS rules?	
Privates are private	+
Always remember your body belongs to you	+
No means no	+
Talk about secrets that upset you	+
Speak up, someone can help	+

### Assemblies

We are pleased to be able to restart our phase assemblies. This week the theme was keeping ourselves safe. The children learnt about the importance of the PANTS rule. Please find some time to discuss this important message with your children. The link below provides a wealth of resources to support with this.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

## Limited Access to the Main Office

As there has been a significant increase in the Covid infection rates in Redbridge, **parents are not allowed into the school** unless it is absolutely necessary.

Parents are reminded to call or email the office for queries or messages. Please help to keep our community safe.

## Parent's Consultation - Thursday 11th November

You will have received a message on ParentMail with information about our parent's consultation with a booking link. Please sign up for a slot if you are yet to do so.

RP will have their consultation the day before, Wednesday 10th November. Children will be collected at the usual time.

On Thursday 11<sup>th</sup> November, children in Reception, Years 1 and 2 should be collected at 1:15pm and children in Years 3, 4, 5 and 6 should be collected at 1:30pm from the usual home-time gates.

## Recruiting Relief Midday Assistants

We are looking to recruit Relief Mid-day Assistants to work at our school. The successful applicant will have experience of working with children in a school or similar environment. The position is offered on a relief basis so you could be called at short notice and asked to work. Our ideal candidate will:

- Communicate well with children and adults
- Demonstrate high quality safe supervision of children
- Promote healthy eating
- Be able to organise and supervise a range of lunchtime games / activities
  
- Have a commitment to Glade's values and ethos of high expectations.

If you would like an application pack or want to discuss the role please contact Rachel Banks on 020 8708 0200 or email [rachel.banks@glade.redbridge.sch.uk](mailto:rachel.banks@glade.redbridge.sch.uk)

Start	November 2021
Deadline	19.11.21
Salary	£11.43 per hour
Interview Date	23rd November 2021
Hours	As and when required

## Attendance

Regular school attendance is an important part of giving children the best possible start in life. The aim should be to attend 100% of the time. Pupils who miss school frequently can fall behind with their work and do less well in exams.

Research suggests that students who attend school regularly could also be at less risk of getting involved in antisocial behaviour or crime. Our target remains to achieve 96% as a school.

Well done to Year 2 for the highest attendance last week.



Year group	W/B 18.10.21
Nursery	76.92%
Reception	88.19%
Year 1	84.45%
<b>Year 2</b>	<b>95.25%</b>
Year 3	94.49%
Year 4	93.13%
Year 5	94.04%
Year 6	92.54%
Whole school	91.11%

## Awards

**Congratulations** to the following children for their achievements:

<p><b><u>Bronze Awards- Merits</u></b></p> <p>2C- Shailen, Maarya and Eva          4W – Stanley, Dawud and Arfa          6D- Isaiah, Muneeb, Mishall, Jaiden, Ashley and Odri          6J- Jasmine</p>	<p><b><u>Silver Award- Merits</u></b></p> <p>3Y – Iba</p>
<p><b><u>Pen Licence</u></b></p> <p>3A – Hira          4N – Zoha, Aneeqa and Osarague.          4W – Nala and Veer          5A- Leo</p> 	<p><b><u>Bronze Reading Award</u></b></p> <p>RM- Olivia and Ameerah          RP- Aaban, Aren, Dean, Khadijah M, Kyran and Michelle</p>

## Stars of the Week

Well done to the ‘Stars of the Week.’



Stars of the Week	
Nursery am- Ryder	Nursery pm- Inayah
RP- Kainat	RM- Laana
1H- Jason	1R - Rohan
2C- David	2M-Samridh
3Y- Iba	3A- Tusem
4N- Dylan	4W- Hamzah
5A- Eliza	5U- Rayan Khazam
6D- Ibrahim	6J- Amelia

## Writers of the Week!

Congratulations to our ‘Writers of the Week.’



Star Writers	
1H- Prince	1R - Amara
2C- Charlie	2M - Maryam
3Y- Aaron	3A- Eesa
4N- Shuaib	4W- Anaaya
5A- Esther	5U- Sarah
6D- Muneeb	6J- Amir

Yours Sincerely,

*F Hussain*

Mrs F Hussain  
Headteacher

