



Glade Primary School
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Headteacher: Mrs Farzana Hussain

Thursday 21st September 2023

Dear Parents and Carers,

Mental Health & Wellbeing (Article 24)

Five steps to improve your wellbeing.

Evidence suggests there are five steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive and able to get the most out of life.

1. Connect with other people.
2. Be physically active.
3. Learn new skills.
4. Give to others.
5. Pay attention to the present moment.



More information can be found on <https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

Local support



Just like we may need help with our physical health, there may be a time some of us need mental health support. As a result of this, it is important that we raise awareness of local support on offer.

Redbridge Talking Therapies (Adult)

A free service which can provide a range of psychological therapies and counselling services. You can self-refer online or call 0300 300 1554. T

<https://www.talkingtherapies.nelft.nhs.uk/redbridge/>



Kooth (Child)

A free, safe and anonymous online counselling service for young people.

<https://www.kooth.com>



Safeguarding (Article 16)



Last week, children took part in the 'Parent Zone- Internet Legend E-safety assembly'. All classes have had discussions about codes of conduct whilst using ICT in school and outside school. Parents will also be asked to read copies of our school Acceptable Policy Agreement, which will be sent via Parentmail. As you know the Internet is a growing part of our lives and we need to continue to have discussions with children with how we use the Internet safely and responsibly.

Picture News (Articles 17 and 28)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that more than 100 schools across the UK have been affected by a potentially dangerous concrete (RAAC) used in their construction between the 1950s and the mid-90s. It's not just schools affected; more than 30 hospitals are also believed to be at risk, according to experts.

This week's question asks children: 'Is a school more than just a building?'



British Values

Mutual Respect and Tolerance

There are many different people in school. Each of us is unique and special. I understand and respect that not everyone is the same as me and that we all need to be treated as individuals.

Protected Characteristics

School is a place where we can learn about our diverse world. It is also a place where we can feel safe to be who we want to be.

UN Rights of a Child

Every child has the right to an education. Primary education should be free. Secondary and higher education should be available to every child. Children should be encouraged to go to school to the highest level possible.

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ACCESS TO EDUCATION

Article of the Week- Article 38 and 39


LINKED UNCRC ARTICLES

Many articles of the CRC relate to this week's theme but the activities link, in particular, to the following articles:

Article 38 (war and armed conflicts)
Governments must not allow children under the age of 15 to take part in war or join the armed forces. Governments must do everything they can to protect and care for children affected by war and armed conflict.


Article 39 (recovery from trauma and reintegration)
Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life.

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PROTECTION IN WAR

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RECOVERY AND REINTEGRATION



The International Day of Peace (Peace Day) is observed around the world on 21st September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. Never has our world needed peace more.

This year's theme is Actions for Peace: Our Ambition for the #GlobalGoals. It is a call to action that recognises our individual and collective responsibility to foster peace. Fostering peace contributes to the realisation of the Sustainable Development Goals (SDGs) and achieving the Sustainable Development Goals will create a culture of peace for all.

Learning Outside the Classroom (Article 29)

This week, Year 1 took their science lesson outside. They have been learning about the 5 senses and this week focused on the sense of sight. They went for a walk around the school grounds and wrote about everything they could see. They even took some of their own photos.



Glade at a Glance

Please visit our school website to see last term's Glade at a Glance:
<https://www.glade.redbridge.sch.uk/glade-at-a-glance>



Ofsted Parent View

Our last Ofsted inspection was in September 2019, which means that we are back in the inspection window. In preparation for the inspection, we request that parents register/ login to the Ofsted Parent View website and share your positive views about our school. Should you have concerns about your child at school, please follow our protocols and speak to your child's class teacher. If your concerns are still not addressed, please call or email the office to meet with the phase leader.

To view the results of previous surveys, please choose our school, then the year you wish to see. To see the results from 2021-2022 visit: <https://parentview.ofsted.gov.uk/parent-view-results/survey/result/2124/12>

To share your views about our school, please visit:
<https://parentview.ofsted.gov.uk/login?destination=/give-your-views>



Attendance- Article 28

It is the **legal responsibility** of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Well done to Years 1 and 4 for the highest attendance.

Year group	W/B 11.09.23
Nursery	91.67%
Reception	96.80%
Year 1	98.04%
Year 2	96.91%
Year 3	94.90%
Year 4	98.28%
Year 5	97.09%
Year 6	92.28%
Whole school	96.23%

Awards

Well done to children who have earned their Bronze Merits!

Bronze Merit
6JM- Nala, Veer and Arham

Stars of the Week- Article 29

Well done to the 'Stars of the Week'



Stars of the Week	
RQ- Lienna	RM- Zainab
1M- Hari	1S - Isa
2R- William	2M- Rayaana
3A- Jonah	3S- Anabia
4W- Ibrahim	4M- Janna
5K- Tusem	5J- Joshua
6JM- Mya	6B- Aneeqa

Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'



Star Writers	
RQ- Sultan	RM- Emma
1M- Dawoud	1S- Pragun
2R- Twahir	2M- Khadijah M
3A- Arjan	3S- Aamilah
4W- Hannah	4M- Alessia
5K- Dena	5J- Fatimah
6JM- Veer	6B- Anayah

Class Talks

We look forward to seeing you at this term's class talk, where you will be able to find out what your child(ren) will be learning this term, as well as strategies to support them. Please make every effort to attend this important meeting which will last no longer than 30 minutes. Talks will take place **straight after school in person**. Parents will be in one classroom and children will be supervised in the other classroom.

Date	Year Group
Thursday 21st September	Year 4
Friday 22nd September	Year 3
Thursday 28th September	Year 2
Monday 25th September	Reception
Wednesday 27th September	Year 1

Thank you to parents who attended the Years 5 and 6 class talks.

Please speak to your child's class teacher, at the end of the school day, if you have any questions about the talks.

Yours Sincerely,

Mrs F Hussain
Headteacher



Artsmark
Silver Award
Awarded by Arts
Council England



The  **Bronze**
CPD Quality Mark



Redbridge
**Education
Partnership**



PROUD TO BE A
MUSIC MARK
SCHOOL

