



Glade Primary School  
Atherton Road, Clayhall, Ilford, Essex. IG5 0PF  
Tel: 0208 708 0200

Email: [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) Website: [www.glade.redbridge.sch.uk](http://www.glade.redbridge.sch.uk)  
Headteacher: Mrs Farzana Hussain

Thursday 7<sup>th</sup> September 2023

Dear Parents and Carers,

We hope that you have had a good summer break and most of all, enjoyed some valuable family time.

It has been lovely to welcome our children back to school and to see them come in smiling and excited to be back! I walked around every class, and it was great to find all the children so settled and happy; the vibe around the school is extremely positive.

For those of you who use the main entrance on Atherton Road, you may have seen a gentleman standing next to Mr Suttling at the gate. As you are aware, Mr Suttling retired at the end of last term; Mr Qasim Basharat is our new Site Supervisor.

### **Mental Health & Wellbeing (Article 24)**



As we experience some of the hottest temperatures on record this summer, people are asking the question of how exactly weather impacts our mood. Being outside in the sun for twenty minutes each day increases our serotonin levels and helps us stave off Seasonal Affective Disorder (SAD). Sun exposure can also help people with anxiety and depression; and promotes a rise in Vitamin D, which is vital in protecting our bones, teeth and enhances many other bodily functions. When you are outside, the fresh air can help raise oxygen levels in your brain, which increases serotonin levels. Serotonin is the neurotransmitter that alters your mood. Getting some fresh air is a simple way to improve your mood and will also help to promote quality sleep and help to lower blood pressure. So remember your sun protection and ensure that you take every opportunity to go outside and get your daily dose of sunshine- while it lasts! Please ensure you stay hydrated and provide water bottles for children in school.

For more information about wellbeing, please visit our school website: <https://www.glade.redbridge.sch.uk/well-being>

### **Safeguarding**

Every member of the Glade community has responsibility for ensuring the safety and well-being of every child at all times. Staff receive safeguarding training on a regular basis through annual Level 1 training sessions and regular updates throughout the year. All members of the Safeguarding team receive regular Level 3 training. Regular volunteers and visitors will also receive safeguarding training.

All staff have a duty of care and are expected to be proactive with reporting matters around child protection, including concerns/suspicions around radicalisation, female genital mutilation, and online safety. If you have a concern about a child or another adult, please speak to one of the members of staff of the safeguarding team.

Mr Merchant	Designated Safeguarding Lead
Mrs F. Hussain	Deputy Designated Safeguarding Lead and PREVENT Lead
Mrs A. Hussain	Deputy Designated Safeguarding Lead - Early Help and LAC Lead
Miss Sohail	Attendance Lead



For further information, please visit the Safeguarding page on our school website: <https://www.glade.redbridge.sch.uk/safeguarding-1>

This page includes information for parents and carers, as well as information for pupils.

Should you have any specific Safeguarding concerns, please email: [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) with the subject FAO Safeguarding team.

The law (Children Act 1989) requires **all** staff to pass on information which raises concern that a child may be at risk from non-accidental injury, neglect, emotional or sexual abuse. This procedure is intended to protect children and schools are encouraged to take the stance that where there are grounds for concern, it is better to be over-cautious than to risk a child's safety. All of our decisions are based solely in the best interests of the child.

## Picture News (Articles 17 and 10)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that almost ten years ago, the now 44-year-old Torbjørn Pedersen from Denmark left his job and family behind to begin a life-changing journey with a goal to visit every country in the world, without flying on a plane.

This week's question asks children: 'What can we learn from new adventures?'



**Individual Liberty**  
There are many challenges and adventures we will face throughout our lives. Some we may choose to do; others we do not. We can, however, choose how we respond to these challenges and the actions we take.

### Protected Characteristics

Thor travelled to 203 countries, meeting many people along the way. The country someone belongs to is their nationality. Nobody should be treated unfairly because of their nationality.



### UN Rights of a Child

If a child lives in a different country than their parents, governments must let the child and parents travel so that they can stay in contact and be together.



## Learning Outside the Classroom

Year 4 took their English reading work outside and took turns to read their new class book.



## School Uniform

School uniform plays a key role in promoting pride, self-confidence, and a feeling of belonging within the school. Our uniform is:

- Yellow or white polo shirt (preferably with school logo) / white shirt
- Dark green jumper/cardigan (preferably with school logo)
- Yellow/green check dress
- Black/grey trousers
- Grey skirt/pinafore/shorts for summer term
- Hijabs and Turbans should be white or black only
- Hairbands should be white, black or green only
- **Black** shoes or smart **black** trainers
- Green book bag with logo or a rucksack (of any colour)



## P.E Uniform

Children should come to school in their P.E kit on their P.E days:

- Black shorts, jogging bottoms or leggings
- Black/green tracksuit
- Dark green or plain white t-shirt preferably with school logo
- Black plimsolls (indoor) or trainers of any colour (outdoor)



## Jewellery

Please note that only stud earrings, jewellery worn for religious observance and watches (not Smart watches) may be worn. Children wearing non-approved jewellery will be asked to remove it and it will be returned to the parent when the child is collected at the end of the day. This rule is in place to ensure the health and safety of all pupils. Children will be asked to remove jewellery for P.E lessons or bring in tape to cover over the area.

## Hairstyles

Hair should be kept clean and tidy. We recommend pupils wear long hair neatly tied back. The Headteacher will discuss issues and concerns on an individual basis with pupils and parents if they arise.

## Free School Meals

As part of the Mayor of London’s programme, all children in primary education are now entitled to a free school meal. However, if you receive one of the qualifying benefits, listed below, you should make an application for free school meals as our school will receive extra funding.

Qualifying benefits for free school meals:

- Income Support
- Income-based Jobseeker’s Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you’re not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190) - Working Tax Credit is a disqualifying benefit regardless of your household income - this means that you would not be entitled to Free School Meals whilst in receipt of Working Tax Credit
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)

Apply for free school meals online today- <https://orlo.uk/QDCuy>

If you would like any support with applying or have any questions, please speak to the office.

## School Office

Just a polite reminder that the **school office is closed** to parents between **8.45am and 9.15am** and **3.10pm and 3.40pm** as the admin team are meeting needs of children.

Please call the school office on 0208 708 0200 or email at [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk)

If you must come in to the main office, kindly visit between 9.15am- 3.10pm

There is a late box in the main reception area where parents can drop off their labelled belongings (name and class) that children have forgotten, such as packed lunch boxes, water bottles etc. The admin staff will ensure they reach your children.

Thank you for your support with this.

## Class Talks

We look forward to seeing you at this term's class talk, where you will be able to find out what your child(ren) will be learning this term, as well as strategies to support them. Please make every effort to attend this important meeting which will last no longer than 30 minutes. Talks will take place **straight after school in person**. Parents will be in one classroom and children will be supervised in the other classroom.

Date	Year Group
Monday 18 <sup>th</sup> September	Year 6
Wednesday 20 <sup>th</sup> September	Year 5
Thursday 21 <sup>st</sup> September	Year 4
Friday 22 <sup>nd</sup> September	Year 3
Monday 25 <sup>th</sup> September	Year 2
Wednesday 27 <sup>th</sup> September	Year 1

Please speak to your child's class teacher, at the end of the school day, if you have any questions about the talks.

Yours Sincerely,



Mrs F Hussain  
Headteacher



Artsmark  
Silver Award  
Awarded by Arts  
Council England



PROUD TO BE A  
MUSIC MARK  
SCHOOL

