



Glade Primary School  
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Headteacher: Mrs Farzana Hussain

Thursday 7<sup>th</sup> March 2024

Dear Parents and Carers,

### Mental Health & Wellbeing whilst Fasting (Article 24)

Lent is a springtime season in the Christian Church that begins a 40-day discipline of prayer, fasting, and contemplation. Lent also encourages Christians to overcome their worldly desires. This can be challenging for many, but, with meditation and reflection, Lent can be a wonderful season for our mental health. Use the following link to read Sarah Woodward's blog on self-care during Lent: <https://www.sarah-woodward.com/blog/40-days-of-self-care-for-lent-15-ideas-to-try-out>



Ramadan requires mental strength and discipline as Muslims avoid eating or drinking during the hours of daylight. Fasting for 30 days can also be both mentally and physically challenging. Many Muslims feel it is a devotion to their faith, however, they must all look after their wellbeing, at work and at home, to ensure they don't burnout.

Please use the link below to download Ramadan Well-being Calendar: <https://myh.org.uk/wp-content/uploads/2023/04/MYH-Ramadan-Calendar.pdf>



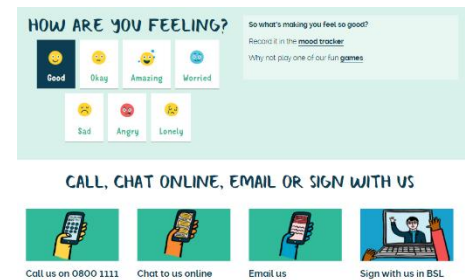
### Safeguarding- Childline

Childline a free, private and confidential service where you can talk about anything. Childline is here to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, our trained counsellors are here to support you. Childline is free, confidential and available any time, day or night. You can contact them:

- by calling 0800 1111
- by email
- through 1-2-1 counsellor chat

There are also games to play and videos to watch.

Please use the link for Childline for under 12s: <https://www.childline.org.uk/kids/>



### Picture News (Articles 17 and 13)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that across the UK and Ireland, the charity, World Book Day, will be holding its annual celebration on Thursday 7th March and this year's campaign, 'Read Your Way'.

This week's question asks children: 'How do you think World Book Day should be celebrated?'



**British Values**

**Mutual Respect and Tolerance**

Reading can help us to learn more about our world. It can help us understand and respect other people's faiths, beliefs and culture and that life is not the same for everyone.

**Protected Characteristics**

World Book Day aims to change lives through a love of reading and books. Young people often celebrate in school but anyone of any age can celebrate. We should never be treated unfairly because of our age.

Sex, Sexual Orientation, Age, Disability, Gender Reassignment, Marriage and Civil Partnership, Pregnancy and Maternity, Race, Religion and Belief

**UN Rights of a Child**

We all have the right to rest, relax, play and take part in cultural and creative activities. World Book Day can provide us with an opportunity to do this.

31 REST, PLAY, CULTURE, ARTS

## Article of the Week (Articles 17, 29 and 31)

The Article of the week continue from last week- exploring World Book Day on 7<sup>th</sup> March.

**Article 17** (access to information from the media) - Every child has the right to reliable information from a variety of sources, and governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them.

**Article 29** (goals of education) - Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures and the environment.

**Article 31** (leisure, play and culture) - Every child has the right to relax, play and take part in a wide range of cultural and artistic activities



## Origami Club (Article 31)

In Origami club, children have been making origami butterfly bookmarks to help promote the love of reading. The children had a so much fun creating these with Miss Sohail.



## Empowering Parents Together

The EPT Forum is all about empowering parent carers of any child or young person aged 0-25 with a disability- who lives in (or receives services) from Redbridge- as we want to improve services.

Their new mobile phone numbers are 07486 880799 and 07486 880646.

You can follow EPT on Twitter @EPT\_Redbridge and Facebook "Empowering Parents Together - Redbridge"

[www.empoweringparentstogether.org.uk](http://www.empoweringparentstogether.org.uk)

Please find details of EPT upcoming event posters for SEND parents and professionals.



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?  
Do you want your voice heard?  
Upcoming COFFEE MORNINGS at 10am to 12pm

DATE: WEDNESDAY 20TH MARCH 2024  
VENUE: GEARIES CHILDREN'S CENTRE, GANTS HILL, 102 6TF  
GUEST: JOEL KERR, INTERIM HEAD OF ACCESS AND INCLUSION  
TOPIC: REDBRIDGE SEND STRATEGY

DATE: WEDNESDAY 17TH APRIL 2024  
VENUE: NEWBURY HALL CHILDREN'S CENTRE, NEWBURY PARK, 102 7LD  
GUEST: LINKS SUPPORT SOLUTIONS LTD.  
TOPIC: LINKS SUPPORT LIVING, SHORT BREAKS & DAY ACTIVITIES

Come along and meet other parent carers, share experiences, signposting and gain mutual support. Light refreshments provided.  
PLEASE NOTE: We do not endorse any speakers or services invited.

MEMBERSHIP FORMS AVAILABLE FROM:  
www.empoweringparentstogether.org.uk  
07486 880 799  
07486 880 646



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?  
JOIN OUR FREE WEBINARS!

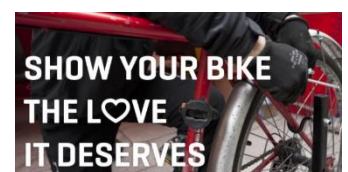
Selective Mutism in Children  
Thursday 7th March 2024 at 8pm  
School Exclusions - How to prevent & understanding the Law  
Tuesday 12th March 2024 at 8pm  
Gathering Children's Views - to support person-centred planning  
Wednesday 13th March 2024 at 7pm  
Gestalt Language Processing in Children - understanding & supporting  
Tuesday 19th March 2024 at 8pm  
Masking and Fawning in Children & Young People  
Thursday 21st March 2024 at 8pm  
Emotionally based School Avoidance - supporting children with school anxiety  
Thursday 28th March 2024 at 7pm  
Please check EPT Facebook page for further details.  
Please join EPT free membership and book the webinars by text or email.

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## Dr Bike

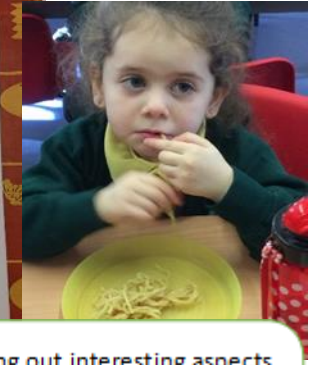
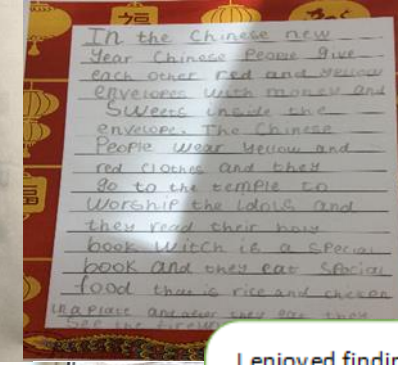
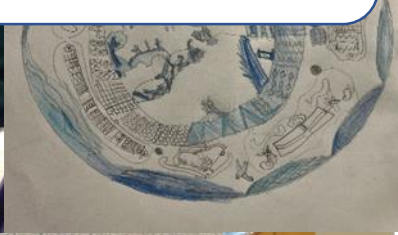
Dr Bike will make his annual visit to our school on Tuesday 12th March. Simply leave your child's bike unlocked in the bicycle shed by the main gates on Atherton Road and Dr Bike will do the rest.



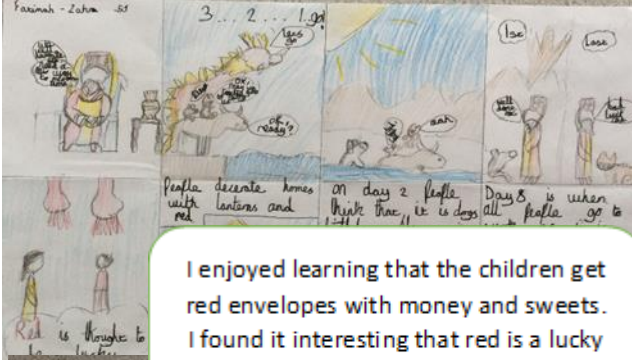
# What's going on at Glade?

**Religious Education:** At Glade, we ensure that all religions are understood and celebrated. This month, children have been learning about the Lunar New Year and the outcomes of their activities are very impressive.

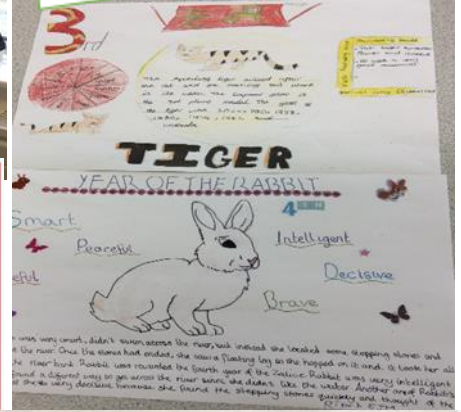
We looked at the lantern festival of Chinese New Year and compared it to other festivals of light. I liked creating artwork to go with our poems about it. **Nawfal 4W**



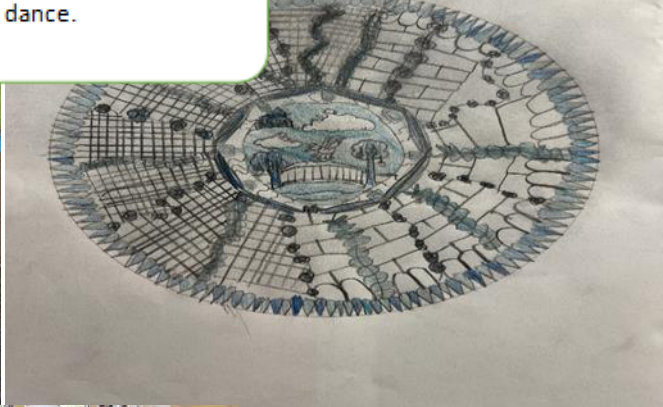
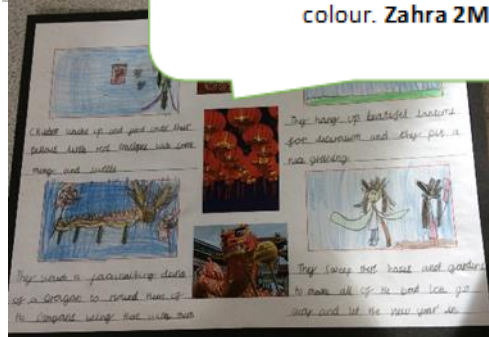
I enjoyed finding out interesting aspects of the animals in the New Year Race story and using art form to share my information. **Eiliyah 6JM**



I enjoyed learning that the children get red envelopes with money and sweets. I found it interesting that red is a lucky colour. **Zahra 2M**



In nursery we ate noodles, practised using chopsticks and did a lion dance.



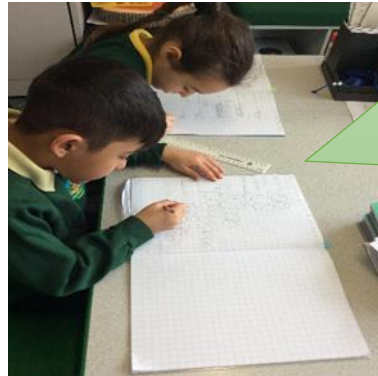
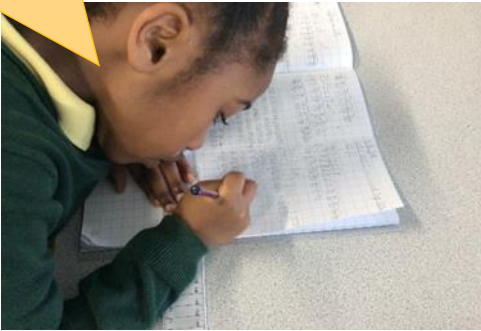
Stars glowing in the midnight sky,  
Red flowing throughout the town,  
Lights on everybody's houses shining,  
Everyone crowding around each other,  
Luck giving, fortune bringing.  
  
By Ayaan 4W



Lanterns shining,  
Luck chiming,  
Stars Shooting,  
Red glimmering,  
Stars burning.  
  
By Jack 4W

## What's going on at Glade?

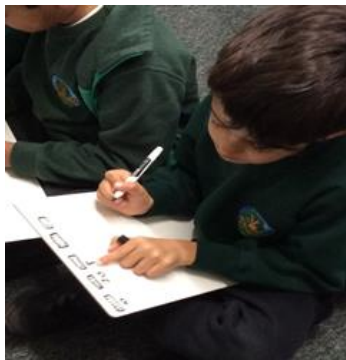
This week we have been learning about division by using empty number lines, circles and drawing equal groups. **Olivia 2R**



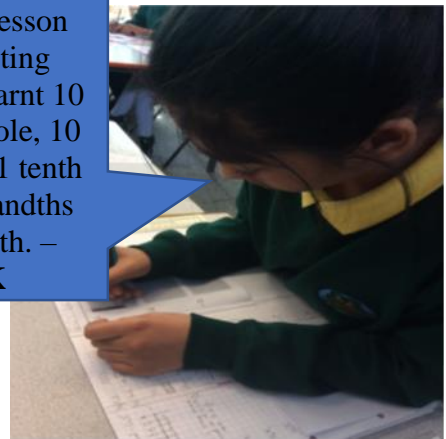
We have been learning to do dividing on an empty number line, the number of jumps we made gave us the answer. I found this a good way to find my answer. **Xavier 2M**

Children have been very busy learning in Maths. Across school they have been learning about measurement, fractions, decimals, sharing and division. Article 28/29

Children across school spoke positively about Maths and they found Maths fun and challenging.

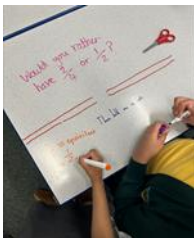


I found this lesson very interesting because we learnt 10 tenths = 1 whole, 10 hundredths = 1 tenth and 10 thousandths = 1 hundredth. – **Aiza 5K**

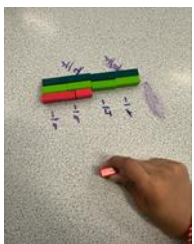


In Year 1 this week we have been looking at tens and units and how many tens make up a number. We have also been measuring capacity and volume.

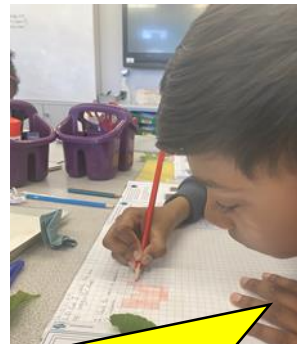
In Nursery we have been ordering numbers from 1 to 10 and finding the correct amount of items, such as cubes to match a number.



In Year 3 we have been using the fraction wall, Cuisenaire rods and strawberry laces to understand equivalent fraction.



In Reception we have been looking at subitising numbers to 5 and subitising two groups of numbers and combining them as well as number bonds to 10.



In 6JM Maths group, we learned how to find areas of irregular shapes by collecting a range of different sized leaves in the forest. **Anaaya and Shuaib 6JM**

## Attendance (Article 28)

As a school, we continue to focus on improving our children's development and our own practice. We also want to ensure that our children attend each day, arrive on time and are ready to learn as there is a proven link between attendance and good progress.

### Attendance Matters!



This term, we will be introducing 'Attendance Matters' in each classroom, where these two words will be displayed. For every day that the whole class attendance is 100%, the teacher will cross through each letter of the phrase. When the class has achieved 17 days of 100% whole class attendance, they will have a non-uniform day. This will celebrate their whole class achievement and make children feel special.

Our aim is to ensure that all pupils attend school regularly and on time in order that they reach their full potential and be allowed access to any additional support they may need. At Glade Primary, we work to actively discourage unauthorised absences and are alert to patterns of absence. Children will fall behind when they miss school - but you can make a difference!

Please ensure:

- All medical/dental appointments are outside of school times where possible
- You do not take your child out of school for holidays in term time
- Arrive on time for school every day school is open,
- Only keep your child at home for genuine illness, minor illnesses should not be considered a reason to miss school.

Apart from an emergency or genuine illness, children are expected to attend the school at which they are registered. If an emergency arises and you must take your child out of school, or cannot send them to school, you should inform the school immediately. We may also request supporting information/medical evidence to validate absences as all schools are under a safeguarding duty to investigate any unexplained and ongoing absences under Section 175 of the Education Act 2002. This is for the child's safety and protection.

If your child is too unwell to attend, we ask that you notify the school by 09:30 am on the first day of absence and every morning thereafter. If we do not hear from a parent and are unable to contact home, this may be considered a safeguarding concern.

Well done to **Years 4 and 5** for the highest attendance, last week!  
Our whole school attendance target remains 96%.

Year group	W/B 26.02.24
Nursery	95.50%
Reception	88.74%
Year 1	93.67%
Year 2	92.04%
Year 3	94.39%
<b>Year 4</b>	<b>96.83%</b>
<b>Year 5</b>	<b>96.75%</b>
Year 6	95.45%
<b>Whole School</b>	<b>94.15%</b>

## Times Tables Rock Star

Well done to this week's TTRockstars



Year 6	Noel 6B
Year 5	Ali 5J
Year 4	Zara 4M
Year 3	Monasser 3S

## Awards

Well done to the following children:

<u>Bronze Merits</u>	<u>Silver Merits</u>	<u>Platinum Merit</u>
1M- Manha 2M- Harry, Kainaat, Lincoln, Priya, Rayaana, Yousuf and Zahra 6B- Armelio, Jayden and Maisey	3S- Nischal, Aamilah, Iqraa and Shane 4W- Sophia B and Jayden 6B- Aneeqa, Mustafa, Chenaya, Khushi, Ayla, Isla and Mercy 6JM- Huzaifah	6B- Khushi
		<b><u>Bronze Reading Rocket</u></b>
		2M- Fatimah
<u>Silver Reading Rocket</u>	<u>Gold Reading Rocket</u>	<u>Star Reader</u>
1M- Rayyan and Inayah 2M- Aren, Abubakr and Khadijah M	1M- Abrish and Savannah 2M- Aren and Xavier	1M- Abrish and Savannah 1S- Logan and Zara 2M- Kyran

**Stars of the Week- Article 29**



Stars of the Week	
Nursery AM- Sara	Nursery PM- Jamie
RQ- Muntaha	RM- Salli
1M- Abrish	1S- Ayah
2R- Raiyaan	2M- Yaqoub
3A- Micah	3S- India
4W- Charlie	4M- Teresa
5K- Aurora	5J- Diyen
6JM- Nala	6B- Yasna

**Writers of the Week- Article 29**



Star Writers	
RQ- Sara	RM- Ahmed
1M- Adem	1S- Neel
2R- Eesa	2M- Fatimah
3A- Zamir	3S- Anabia
4W- Ayaan	4M- Eliza
5K - Noor	5J- Fatimah-Zahra
6JM- Darcey	6B- Mustafa

**Mathematician of the Week- Article 29**



Mathematician of the Week	
RQ- Najaf	RM- Gavrina
1M- Raees	1S- Mozamil
2R- Inayah	2M- Aaban
3A- Rohma	3S- Naila
4W- Amalia	4M- Zain
5K - Dayen	5J- Nicole
6JM- Amaya	6B- Leo

Yours Sincerely,

Mrs F Hussain  
Headteacher

