

Thursday 14th July 2022

Dear Parents and Carers,

Mental Health & Wellbeing- Article 24

This week, we are sharing a brilliant resource from the Anna Freud Foundation. There are many good ideas and suggestions of things that you can do to look after your own mental health and well-being and that of your children. Here you will find a booklet to help you create your own self-care plan as part of the #SelfcareSummer campaign and another booklet with advice for young parents and carers on looking after their wellbeing.

Click on the link below to find out more:

<https://www.annafreud.org/selfcare/>



Follow the link below to access a free master class to help you to stay calm and quickly diffuse meltdowns, tantrums and outbursts: <https://calmthechaosworkshop.com/>

Safeguarding- Articles 24 and 19

As we approach the summer holidays, some children will probably log on to their best friend - 'The Screen.'

Gaming consoles such as PS4, Xbox & Nintendo Switch know, just as we do – that young children don't have the same impulse control as adults; until a certain age they'll give in to temptation without a second thought.

You will be all aware that it is too easy for children and young people to purchase virtual items in games and apps.

Many devices have parental controls which can help to mitigate these purchases. Wayne Denner from Ireland has put together a short article which some parents will find useful, detailing how to set up parental controls on popular devices including the PS4, iPhone and Xbox One. Please use the link below to read the article:

<https://www.waynedenner.com/blog/how-to-avoid-getting-your-bank-account-emptied-with-your-children-gaming/>

Picture News- Article 17

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that an island of wet wipes has 'changed the course of the Thames' river in London. The large island has prompted campaigners to fight for them to be banned.

This week's question asks children: 'Should wet wipes be banned?'

Further to the Prime Minister's resignation, there was a special edition of Picture news exploring the story: Boris Johnson has announced he is resigning as leader of the Conservative Party after a difficult time in office. Children explored if there are times when giving up is the right thing to do?



British Values

Rule of Law
Sometimes items can be banned. This means a rule or law is put in place to forbid this item being used. It is important to remember that rules and laws are there to protect us.

UN Rights of a Child

We all have the right to clean drinking water, healthy food and a clean and safe living environment. We must try to take care of our world so that we do not poison or harm it.

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HEALTH, WATER, FOOD, ENVIRONMENT



Article of the Week

The Article of the week is **Article 45**.

Article 45 says that UNICEF can help governments to ensure that all the children in their country can access their rights. UNICEF can provide expert advice and assistance on children's rights. This week, children explored different ways that UNICEF helps children around the world. Please discuss this with your children to deepen their thinking.



Outdoor Learning- Year 4

As part of their History work on the Anglo Saxons, Scots and Picts, Year 4 have been looking at historical sources. This included standing stones and Ogham writing. The children then made personalised monuments with their names and decided to arrange them in stone circles.



Virtual Author Visit- Year 5

Year 5 attended a webinar with author Humza Arshad, writer of 'Little Badman and the Rise of the Punjabi Zombies'. Here is some feedback from the children:

'I enjoyed the engaging, hilarious webinar and the opportunity to draw our own illustration. Humza (the author) reminded me of how much I love reading!' **Nadia 5U**.

'I enjoyed attending the webinar as we were given a tutorial on how to draw a cartoon character. I would love to read his books as they would definitely cheer me up on a rainy day!' **Arianna 5U**.



Etymology Club

Last week, children in Year 4 completed their last session of the Etymology Club with Jonny Walker.

Across the half term, they learned about the Greek and Latin roots of many words. Then they focused on words from Indian languages - such as Hindi, Tamil, Bengali and Urdu - and Arabic, which have become part of the English language.

Did you know that algebra goes back to the Arabic al-jabr? It meant the restoration of broken parts. They even managed to go word hunting in our forest or to use a word with Indian origins, our jungle!



Writers' Day - Author Visit

A group of children from Year 3 and 4 hosted and took part in a writers' workshop, with an author and local schools, last Friday. Robin Price visited us and used a combination of online apps and unique writing materials to speed children through planning a narrative and remove barriers to creativity. The children left the workshop as improved and confident writers with a set of new tools to produce rich, layered pieces of writing.

"It was amazing, because we got to learn how to use different techniques to start our own sci-fi stories." **Joshua 3A**

"We learnt how to create a story on the theme of Ancient Greece and learnt how to write a myth with our very own twist. I was very excited because I've always wanted to write a book and be an author! It inspired me to write parts of the book that I will now continue at home." **Yaa 3Y**



Plant Sale

Thank you to everyone for the donation of plants; we had a very successful plant sale! We raised £150 over the two-day plant sale. A huge thank you to the parents, Mrs Miah and Eco- Team, who put so much love and energy into growing and selling the plants. Special thanks to Jack (former pupil) for donating plants, he picked up from B&Q for a bargain. It has been so amazing to see our budding gardeners coming to buy plants and grow their own food. Keep gardening to help our planet and improve our well-being!



Poetry Retreat Showcase

On Tuesday 12th July, the children across Years 3 to 6 who took part in the poetry retreat, showcased their creativity in a poetry recital. It was attended by parents, carers and the school governors, who were treated to a range of poems, reflections, songs and conversations. The students impressed their audience with the diverse range of creativity on show.

Topics ranged from Dinosaur-Unicorns, Binbag Raps, thoughts about love, poems about feelings and a poem about the peril of the pea on a plate. It was wonderful to celebrate our creative school community, and we look forward to running the poetry retreat again in 2023.



Teddy Bears' Picnic

On Tuesday, Reception hosted a Teddy Bears' picnic where the children performed songs and danced for the adults. We then all enjoyed some yummy treats together. Everyone had lots of fun!



Year 6 Bowling



This week on Monday, Year 6 visited the City Pavilion to play an amazingly entertaining game of bowling. They went on public transport, going on the 169 and 247 buses in the scorching hot weather. The place had an obvious 80s aesthetic, being a colourful arcade. In groups of five, the children (and some of the teachers) competed amongst themselves in their shared lanes. Odri, came first with 129 points, next was Iliya with 117 points and lastly Yahya and Theo, tying with 116 points. Overall, this trip was an exuberating experience, which brought joy to all. Odri described her first ever experience of bowling, "It felt like we were at a party, everyone was helping and encouraging each other. I was so surprised and proud to discover I had achieved the highest score, particularly as other children had bowled before and this was my first time."

Year 2 Trip to Southend Sealife Centre

Year 2 made the best of this week's glorious weather on their trip to Southend on Wednesday. They built sandcastles on the beach, paddled in the sea, saw lots of amazing sea creatures and fish and best of all (according to the children) had ice cream. A fantastic day all round!



Goodbye and Good Luck

It is with mixed emotions that I am informing you that we will be saying good bye to Miss Porter and her family at the end of term. Miss Porter and her girls will be greatly missed; however, I am very happy for them as they are fulfilling their family dream of moving to live by the seaside. I am sure you will join me in saying a huge thank you to Miss Porter for her hard work and care towards our children and the wider community, supporting PTA events. Good luck, Miss Porter, Ella and Chloe!



Sickness Absence

There is an increase in the number of children absent from school with sickness. If a child has vomited or had diarrhoea, they will need to stay away from school for **forty-eight hours** from the last episode.

This is to stop any spread of infection.

Attendance- Article 28

Regular school attendance is an important part of giving children the best possible start in life. The aim should be to attend 100% of the time. Pupils who miss school frequently can fall behind with their work and do less well in exams.

Well done to Year 5 for the highest attendance!

Our target remains to achieve 96% in every year group.

Year group	W/B 04.07.22
Nursery	87.15%
Reception	92.23%
Year 1	95.16%
Year 2	94.60%
Year 3	97.24%
Year 4	91.39%
Year 5	98.66%
Year 6	94.41%
Whole school	94.37%

Times Tables Rock Stars- Article 29



Well done to 5A, 3A and 4W for being the top accurate classes.

Position	Class	Accuracy
1st	5A	97.85%
2nd	3A	97.21%
3rd	4W	97.04%

Awards- Article 29

<p><u>Silver Award- Merits</u></p> <p>RM- Amaan-Abbas 5U- Mueez</p>	<p><u>Gold Award- Merits</u></p> <p>RM- Aminah and Yahya 4W- Dawud 6D- Tanbir and Siobhan</p>
<p><u>Platinum Award- Merits</u></p> <p>4W – Amaya and Jessica</p>	<p><u>Headteacher’s Award</u></p> <p>4N- Shuaib, Yasna and Chenaya 6J- Ibrahim</p>

Stars of the Week- Article 29

Well done to the ‘Stars of the Week.’



Stars of the Week	
Nursery am- Merlyn	Nursery pm- Zainab K
RP- Xavier	RM- Aminah
1H- Nischal	1R - Patrick
2C- Teresa	2M- Humna
3Y- Leo	3A- Ismael
4N- Mustafa	4W- Safwan
5A- Saarah	5U- Harley
6D- Tanbir	6J- Jumaimah

Writers of the Week- Article 29

Congratulations to our ‘Writers of the Week.’



Star Writers	
RP- Ava- Rose	RM- William
1H- Maryam M	1R - Anabia
2C- Shailen	2M - Janna
3Y- Iba	3A- Aahil
4N- Youcef	4W- Nala
5A- Saarah	5U- Sarah
6D- Priya	6J- Osarhiemen

Key Dates and School Closure

Saturday 16th July- PTA Summer Fair
Thursday 21st July- Year 6 Leavers' Assembly at **10am**
Year 6 children can leave with their parents after the assembly.

Wednesday 20th July – Last day of school for Nursery

**Thursday 21st July- Last day of term- school closes half-day at 1.15pm (Reception and KS1) and 1.30pm (KS2).
There will be no Nursery and no After-School Club on this day.**

Thursday 1st September and Friday 2nd September- INSET Day- Staff Training Days

Monday 5th September- First day of school for children in Years 1-6

Yours Sincerely,



Mrs F Hussain
Headteacher

