



Glade Primary School
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Headteacher: Mrs Farzana Hussain

Thursday 2nd November 2023

Dear Parents and Carers,

Mental Health & Wellbeing- Beating the Winter Blues (Article 24)

With the dropping temperatures and shorter days, we can officially say that winter is here in full swing. Whilst the winter months often signify a time of joy and celebration, it can also be a time of low mood or isolation for others.

In some instances, this is termed as ‘Seasonal affective disorder’ or ‘winter blues’. This may include behaviours such as depression, sleep difficulties, lethargy, overeating and feeling down and unsociable. If you find yourself feeling the winter blues, there are a number of things you can do to help.

For more information, please visit: <https://www.nhsinform.scot/healthy-living/mental-wellbeing/low-mood-and-depression/beating-the-winter-blues/>



Safeguarding - Stranger Danger (Article 16)

Sadly, children may be at greater danger from people they know, from other children, or on the internet, than from the traditional bogeyman – but abuse and abductions continue to happen and it’s important to teach your child how to stay safe. Rather than giving warnings about certain types of people, teach them how to identify and respond to threatening situations. Children need to understand the difference between strangers who could hurt them and strangers who may help them.

Let them know who they can trust if they need help – such as a uniformed police officer or a teacher. Explain they must tell a trusted adult if they have been approached by a stranger or if they feel uncomfortable about a situation.

Help your child learn to be aware of their surroundings; encourage them to trust their instincts if they have a bad feeling about a place or person; and encourage them to be assertive.

Try to use the following language when talking to your child about staying safe:

- Staying safe – “Pay attention to what people do. Tell me right away if anyone asks you to keep a secret, makes you feel uncomfortable, or tries to get you to go with them.”
- Going somewhere with someone – “It’s important for you to ask me and get my permission before going anywhere with anyone.”
- If you have a problem – “Don’t approach just anyone – if you need help, look for a uniformed police officer, a store clerk with a nametag, or a parent with children.”

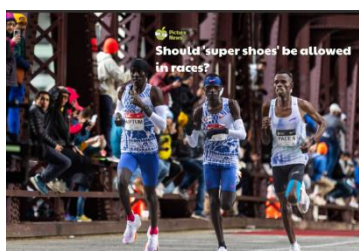
Picture News (Articles 17 and 7)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt Kenyan long-distance runner, Kelvin Kiptum, has crossed the line in a new world record time of 2:00:35 at this year’s Chicago Marathon, wearing Nike Alphafly 3 ‘super shoes’.

This week’s question asks children: ‘Should ‘super shoes’ be allowed in races?’



Rule of Law
World Athletics has rules about what footwear people can wear when competing in a road race. This ensures it is fair. If the rules are not followed, the competitor will be disqualified.



Kenyan long-distance runner, Kelvin Kiptum, recently broke the world record for the fastest marathon time. Whatever your nationality, you should be able to compete in a world event. We should never be treated unfairly because of our nationality.



UN Rights of a Child
All children must have a nationality (belong to a country). Different countries often compete at world events. Some of us may represent our nation – now or in the future!



Learning Outside the Classroom- Year 3 Creative Writing

This term, Jonny Walker (specialist teacher from Otherwise Education) will be working with Year 3 on Wednesday mornings, exploring our forest, using it to inspire some creative writing. Yesterday's lesson was about appreciating the seasonal differences. They found moths, millipede, worms, slugs, spiders, mushrooms, fungus and leaves galore.



Meet the Governors

Governing bodies are the strategic leaders of schools and have a vital role to play in making sure every child gets the best possible education. The purpose of governing bodies is to 'conduct the school with a view to promoting high standards of educational achievement at the school'. Each week, we will introduce to you a different member of our Governing Body.

Khalid Hussain

My name is Khalid Hussain, but some of you make know me better as Hira's and Nida's dad. Like many parents, most of my time is automatically designated to my kids, some of which comes with great pleasure and some not so much. I became a Parent Governor in 2021, thanks to your votes, and whilst I enjoy the role immensely, I must admit the Head Teacher's pizza during meetings is my highlight!

As an engineering graduate, I have predominantly worked within the railway sector, managing incidents in a control room environment, and having often been blamed for delays on the tube have now moved onto the green pastures of project planning. (Apologies if you're now affected by some of the weekend closures I help plan.)

I enjoy watching cricket, and whilst my playing days are over, I am confidently reassured by my daughters that I'm still a garden cricket legend. I'm a keen DIY'er and could bore you to death talking about boilers, building work and electrics.

To all parents and staff, I'm always happy to chat and listen, so don't hesitate to ambush me. I also like ice cream.

Travel Plan

**WE HAVE
ACHIEVED**



I am delighted to inform you that Glade has been awarded with GOLD Travel for Life Award.

As a Gold school, we are demonstrating the highest level of engagement with pupils and the school community through consultations and the delivery of active travel and road safety activities. Thank you to everyone for your engagement and participation. A special thank you to Miss Miller for leading the award.

Attendance (Article 28)

Good attendance at school is proven to lead to good academic results. At Glade Primary we aim for every child to achieve 100% attendance.

Holidays during term-time will not be authorised and parents may receive a fixed penalty notice if they are taken. If you wish to request a leave of absence due to exceptional circumstances, please complete a leave of absence form from the school office.

All medical appointments should, where possible, be organised outside of school hours.

Well done to Year 6 for the highest attendance: 100%!

Year group	W/B 16.10.23
Nursery	86.67%
Reception	89.62%
Year 1	93.50%
Year 2	91.09%
Year 3	95.74%
Year 4	98.33%
Year 5	97.08%
Year 6	100%
Whole School	94.33%

Subject/ Focus Area Ambassadors

In the coming weeks, our newly appointed Subject Ambassadors will be meeting up with the teachers in charge of their subject area. In their initial meeting, Subject Ambassadors will get to know their Subject Leaders, discuss their ideas for improving and promoting the subject and what their next actions to take will be before their next meeting.

Subject	Subject/Focus Area Leader	Ambassadors
Maths	Mrs Khatun	Yasna 6B and Zoha 4W
English	Ms Ahmed	Amaya 6JM, Eiliyah 6JM and Daniel 6JM
Science	Mrs Willers	Hamzah 6JM and Anaaya 6JM
The Arts	Miss Rana	Rohan 3S and Arham 6JM
PSHE (RSHE)	Mrs Jain	Aleena 4W and Aarav 5K
ICT	Ms Miah/Mr Crouch	Jayden 6B and Ayaan 4W
PE	Ms Craggs	Safaa 4M and Aadam 6B
Outdoor learning	Mrs Willers	Mya 6JM and Jacob 3A
History	Mr McKean	Isiah 4W and Safwan 6JM
Geography	Mr McKean	Jessica 6JM and Veer 6JM
D&T	Ms Rana	Ayesha 3A and Osarague 6B
RE	Ms Marks	Kashwik 6JM and Ayla 6B
Safeguarding	Mr Merchant	Darcey 6JM, Zubayr 6JM & Noel 6B
SEND	Ms A Hussain	Aiden 6JM, Arfa 6JM and Aneeqa 6B
Music	Mrs Robinson	Isla 6B and Isabella 3S
French	Mrs Willers	Khushi 6B and Chenaya 6B
Attendance	Mrs F Hussain and Miss H Sohail	Shreya 6B, Mustafa 6B and Leo 6B

Parents' Afternoon/ Evening

School will close half day on **Thursday 9th November**: Children are to be collected at the following times:

1.15pm- Reception to Year 2

1.30pm- Year 3- Year 6

Nursery will be closed all day.

Your child/ren are very welcome to attend the meeting with you. Children in KS2 have completed self-evaluations which will be shared at Years 3-6 meetings.

Mr Merchant and Miss H Sohail will support parents eligible to apply for Pupil Premium funding. If you feel that you may be eligible please complete the form below and we will be in touch with an appointment time:

<https://forms.gle/rMygnSz7Lq7VHcNb8>

If you are unable to make it on the 9th, please indicate which day/time would be better for you.

Marc Preston, our Chair of Governors will be available from 3pm to 4pm if parents/ carers wish to meet with him.

Yours Sincerely,



Mrs F Hussain
Headteacher

