



Glade Primary School  
Atherton Road, Clayhall, Ilford, Essex. IG5 0PF  
Tel: 0208 708 0200

Email: [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) Website: [www.glade.redbridge.sch.uk](http://www.glade.redbridge.sch.uk)  
Headteacher: Mrs Farzana Hussain

Thursday 25<sup>th</sup> March 2021

Dear Parents and Carers,

### **Mental Health & Wellbeing**

With our world facing unprecedented challenges, well-being matters more than ever. In these difficult times, let's take action to be **happier** and **kinder, together**.

When we are happy, our happiness influences people that we know and the people that they know. Happiness is contagious. Let's spread it around!

This week we are sharing the following website:

<https://www.actionforhappiness.org/>

Here you will find videos, apps, programmes and events to promote happiness in yourself and others around you. Sign up for the free 10 days of happiness programme and see how it goes!

### **Red Nose Day**



Thank you for your generous donations last Friday when children dressed up as superheroes to raise money for Comic Relief. Comic Relief is a charity that makes a difference to the lives of millions of people across the UK and around the world. Our Glade community raised an amazing £337 for this worthy cause.

### **Natural Day of Reflection: Collective loss**

Since the first lockdown began in 2020, hundreds of thousands of people have died. Too many lives have been cut short and millions have been bereaved. Behind the statistics and whatever the cause, every death has been devastating for the people left behind.

To commemorate the **National Day of Reflection**, staff and children paused to observe a minute of silence on Tuesday 23rd March. We remembered those who have lost their lives and reflected on our collective loss and hoped for a brighter future.

Redbridge Council thanked the wide range of key workers who work selflessly hard to ensure key services remain during COVID-19. Here is a link to Miss. Yildiz's reflection as a teacher working throughout the lockdowns: <https://www.glade.redbridge.sch.uk/latest-news>

### **Covid Winter Grant**

The local authority have confirmed that they still have money left and want to ensure that it is used to continue to support families for the duration of the scheme; therefore, the scheme has been extended and will be available until **16th April 2021**. Please email Mrs Jones on [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) to make a referral. The referral is not means tested so anyone can apply for it.

### **HAPPIER**

**Do something for your own happiness** - make time to do something you really enjoy, get moving outside, learn something new or write down three things you're grateful for.

### **KINDER**

**Do something for someone else** - donate to a food bank or charity, text or call someone to tell them what you appreciate about them, volunteer in your local community.

### **TOGETHER**

**Share the International Day Of Happiness with others** and help more people get involved in the day and thinking about ways to promote happiness and mental health.

#InternationalDayOfHappiness





**Congratulations** to the following children for their achievements:

<p><b><u>Bronze Awards- Merits</u></b></p> <p>RH- Iqraa 5J- Deen</p>	<p><b><u>Silver Award- Merits</u></b></p> <p>RH- Samah 1M- Ebube, Lovan, Kiean and Zain 2R- Aadam, Anian, Araniyan, Aurora, Dayen, Dylan, Edward, Ellay, Iba. Leo, Oliver, Raihan, Satyam, Usman, Wasi, Yaa and Yusuf 3R- Ciara, Paisley, Dawud and Maryam 4D- Alisha, Gabriela, Priya, Umair and Simran 5J- Mishall</p>
<p><b><u>Gold Award- Merits</u></b></p> <p>2Y- Hira, Imiyah and Zaynab 3R- Riyah 5J- Alex and Aadhav</p>	<p><b><u>Platinum Award- Merits</u></b></p> <p>2Y- Aarav</p>
<p><b><u>Reading Rocket Bronze Awards</u></b></p> <p>RH- Afsah</p>	<p><b><u>Reading Rocket Silver Awards</u></b></p> <p>RH- Iqraa and Paisley</p>
<p><b><u>Reading Rocket Gold Awards</u></b></p> <p>4A- Hanna</p>	<p><b><u>Star Reader</u></b></p> <p>1M- Atharv and Zain</p>

**Star Writers!**



Congratulations to the Star Writers of the week.

Nursery am - Jemimah	Nursery pm – Abubakr
RH - Iqraa	RM - India
1M - Anika	1P - Charlie
2R – Anian	2Y - Hira
3C - Zoha	3R - Arham
4A - Hanna	4D - Sameeha
5J – Aadhav and Remus	5S - Ibrahim
6A - Isher	6E - Claudia

**Pen Licence**

Well done to Sameeha in 4D for achieving her Pen Licence.

**Stars of the Week**

Well done to our ‘Stars of the Week:’



Yours Sincerely,

Nursery am - Dawoud	Nursery pm- Hari
RH- Aamillah	RM- Rovena
1M- Maryam	1P- Juwayriah
2R- Zahaa	2Y- Isabella
3C- Ethem	3R- Basim
4A- Sumaiya	4D- Parashuram
5J- Ashley	5S- Sarah
6A- Isher	6E- Ivie

*F Hussain*

Mrs F Hussain  
Headteacher

