



Glade Primary School  
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Headteacher: Mrs Farzana Hussain

Thursday 14<sup>th</sup> March 2024

Dear Parents and Carers,

## Mental Health & Wellbeing- Mini Games to Boost your Mood (Article 24)

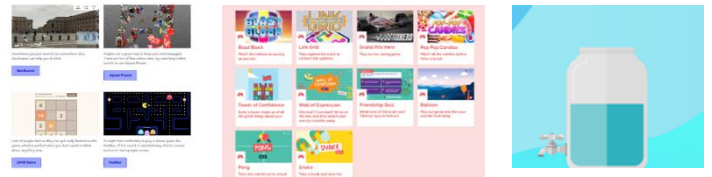
Gaming is now becoming an important part of many children's lives. With this being said, there is also research to suggest that playing certain games that require creative problem-solving can improve individuals problem-solving skills, boost creativity and support a positive mood.

This week, we have found a number of games that can help support young people's mental health and wellbeing.

**Mind** – <https://www.mind.org.uk/need-urgent-help/how-can-i-distract-myself/games-and-puzzles/>

**Childline** - <https://www.childline.org.uk/toolbox/games/>

**Stresspot** - <https://mindmate.org.uk/games/stresspot/>



## Safeguarding- Little Digital Helps Toolkit

This is a really useful toolkit for parents/carers who may be unsure about what parental features are available on their children's devices. Put together by Internet Matters and Tesco it takes around 8 minutes to answer a few questions and then receive a tailored toolkit: <https://www.internetmatters.org/little-digital-helps-toolkit/>

## Picture News (Articles 17 and 41)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website: <https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that Ministers have confirmed plans to ban the use of mobile phones in English schools and have released guidance for Headteachers.

This week's question asks children: 'Should mobile phones be banned in all classrooms?'



**British Values**

**Rule of Law**

Sometimes bans can be put in place, which means something is officially or legally prohibited (disallowed). Rules and laws are there to help protect us and keep us safe.

**Protected Characteristics**

Our religion or belief can affect if, how and when we choose to use digital technologies. We should never be treated unfairly because of our religion or belief.

- Sex
- Sexual Orientation
- Age
- Disability
- Gender Reassignment
- Marriage and Civil Partnerships
- Pregnancy and Maternity
- Race
- Religion and Belief

**UN Rights of a Child**

Different countries have different rules and laws. If the laws of a country protect us better than the UN Rights of a child, then those laws should be used.

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BEST LAW FOR CHILDREN APPLIES

## Article of the Week (Article 2)

### Article 2 – Non-discrimination

International Women's Day (IWD) is celebrated on 8<sup>th</sup> March. It is a global day celebrating the social, economic, cultural and political achievements of women. At school, children explored international Women's Day by participating in a range of age appropriate activities and reflected on why it is important to have a special day to celebrate women.

The whole school had an assembly on Monday linked to this important topic. We continue to work together to ensure equal rights for all.

Children in Years 5 had the opportunity to listen to the stories of 5 inspiration women: Kylie Kendricks, Nadia Khan, Dhara Patel, Patricia Jones and Dr Kerry McGawley via video conferencing.



## Year 6- We'll meet again World War 2 Workshop (Article 29 and 31)

Set in London in September 1939 when war has been declared, this touching performance saw the children being evacuated to the countryside. There they learnt about home life and rationing. Returning to London they experienced the Blitz but spirits were kept lively with a sing-song and entertainment from the ARP wardens. This was a great interactive experience for the children who were fully immersed in acting in the performance alongside the professionals. Mr Merchant and Mrs Bobat even had a part to play! Here are some comments from our Year 6 children:

“It helped me to understand how the evacuees would have felt leaving their parents and having to travel on the train.”

“I enjoyed learning the Lambeth walk dance and acting in the shop. I was surprised how little people could buy with their ration books.”

“The actors were very talented and helped me learn a lot more about life in World War 2.”



## Year 4 Visit to Colchester Castle (Articles 29 and 31)

On Monday, Year 4 spent the day at Colchester Castle. This linked to their history and geography topic of settlements. They learnt about the impact of the Romans on British history and the diverse nature of the Roman Empire. The Castle staff were impressed with the children's knowledge, great questions and excellent behaviour. Our thanks to those parents who came with us and helped support on our learning trip.



## Year 6 Junior Citizenship Event (Articles 19 and 24)

Year 6 had a very informative Monday when they attended the Year 6 Junior Citizenship event at Gordan Road, TA centre in Ilford.

The Junior Citizenship Scheme (JCS) is an annual borough based event aimed at Year 6 pupils to assist children in their transition from Primary school to Secondary school. It's designed to build confidence and make them aware of the increased independence and responsibility they're given around that time. The scheme runs in partnership with Metropolitan Police Service (MPS), Transport for London (TfL), London Fire Brigade (LFB), London Ambulance Service (LAS), Thames Water and Local Authorities.

The children had an opportunity to learn about fire safety and what to do if a fire happens in the home. They had a session on how to use the bus and tube safely and how the Oyster Zip card works. Did you know that London buses have 21 CCTV cameras? They also had sessions on keeping safe online, what to do in the event of a robbery and what can and what can't be flushed down the toilet. Do have a discussion with them about their new important knowledge.



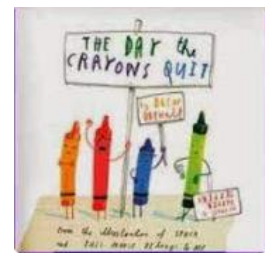
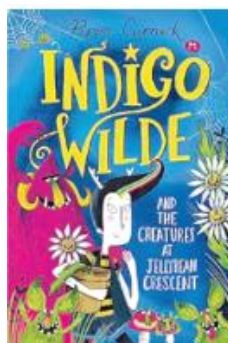
## Bancroft Science Fair 2024 (Article 29)

This week, some of our Year 5 pupils were invited to a Celebration of Science at Bancroft's School. They had the opportunity to engage in a number of activities related to Physics, Chemistry and Biology. This included making rockets and launching them, comparing their heart rate to a Daphnia observed under a microscope and witnessing a number of chemistry experiments.



As children (and some parents) have requested book recommendations, each week, one class teacher and a child from the same class will suggest books that they have enjoyed. Miss Miller in **1M** recommends: Indigo Wilde and the creatures of Jellybean Crescent by Pippa Curnick. This book is full of magical creatures and fun. The illustrations help the book come alive. Pippa writes in such a way that you feel like you are at number 47 Jellybean Crescent.

Adem in **1M** recommends: The Day the Crayons quit. 'I liked it when the crayons quit. The letters the crayons wrote were funny. I like this book because I like colouring. Everyone should read this book.'



## Fasting for Ramadan (Articles 14 and 30)

Children in Years 5 and 6 may fast in school, if they wish to. Our advice for parents/ carers is to take them home at lunchtime from 12.30pm to 1.30pm. However, if parents are unable to collect them, children can stay in school. We advise children who are fasting to avoid running around at break times to save their energy. Children will be expected to participate in all national Curriculum subjects, such as PE.

## Measles and MMR vaccination (Article 24)

Measles cases are rising across the country with over 102,000 children starting primary school in England being at risk of catching the disease. We are asking education settings to share key messages from the NHS about MMR/measles and how to get vaccinated.

Measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea and damage to the brain. Measles can kill. It is also dangerous to pregnant women, babies and those that are clinically vulnerable. Your child is at risk of measles if he or she has not had two doses of MMR, measles, mumps and rubella Vaccination.

If your child has not had two doses of this vaccine, no matter what age they are, you should contact your GP so that they can have their vaccination as soon as possible.

If you are unsure, then please speak to your GP.

## Healthy Snacks (Article 24)

We encourage children to bring in healthy snacks. It can be hard during the week to think of suitable items for them to bring in to school, but we are aiming, with the help of the children, to not only support them in making healthy choices regarding snacks, but to also reduce food packaging and waste. Providing snacks in a small, named, recyclable container is ideal.

- A piece of **fresh or dried fruit**.
- **Vegetable sticks** – such as celery, cucumber, peppers or carrot.
- A piece of cheddar **cheese** or Babybel.
- **Bread** sticks, plain pretzels, banana bread, malt loaf, oat/rice cakes and small pitta breads are also good snacks.

All snacks **must be nut free**. Items brought into school should be carefully checked by you, to ensure this. **We have pupils who are severely allergic to a range of nuts**. Any unhealthy snacks will be taken away by the members of staff on playground and left in the office for children to collect at the end of day.

Children in EYFS and KS1 receive a daily snack of fruit or vegetable. At morning playtime ISS tuck shop sell fruits, crackers, bread and cheese for 30p per item. Please ensure your child brings in the correct change.



# What's Going on at Glade?

At Glade, we ❤️ reading and consistently promote reading for pleasure. To celebrate World Book Day, children and adults dressed up as their favourite characters, talked about books that they found memorable, will cherish and recommended these to their peers. The whole school were also inspired by Michael Rosen and Jasbinder Bilan to create their own fairy tales with a twist. Children across the school created Reading Rivers to present their feelings about their favourite books. Here are some pictures and comments.



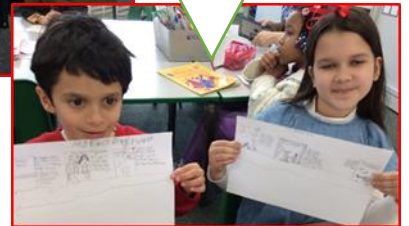
Meeting amazing authors online...



2M: We enjoyed dressing up and creating Reading Rivers.

Our staff got into role in their brilliant costumes!

5J: We enjoyed hearing about books that our friends had read and noted down some recommendations.



6JM: We love Michael Rosen's humorous work and are excited to create our own fairy-tale



## Parking Near the School Site (Article 27)

We have received a number of complaints from the school's neighbours regarding inconsiderate, and often illegal, parking by parents accessing the school in the mornings and afternoons, including parking in the zig-zag lines outside school and parking across private driveways. We have also had complaints about parents and children not crossing the road with due care and attention thereby putting themselves, other pedestrians and the drivers of any cars near the school in danger.

We speak to the children regularly about road safety and keeping safe when crossing the road. You can help us to ensure children have a happy and safe journey into school each morning by considering one of the following:

### **Walking wherever possible**

Not only is this a healthy way to get some exercise, but it supports the local community with congestion. In addition, it is much better for the environment.

### **Cycling or scooting**

We have plenty of spaces to lock a bicycle or scooter inside the school gates.

## Attendance (Article 28)

It is the legal responsibility of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

Our aim is to ensure that all pupils attend school regularly and on time in order that they reach their full potential and be allowed access to any additional support they may need. At Glade Primary, we work to actively discourage unauthorised absences and are alert to patterns of absence. Children will fall behind when they miss school - but you can make a difference!

Please ensure:

- All medical/dental appointments are outside of school times where possible
- You do not take your child out of school for holidays in term time
- Arrive on time for school every day school is open,
- Only keep your child at home for genuine illness, minor illnesses should not be considered a reason to miss school.

Well done to **Reception, Years 2, 5 and 6** for the highest attendance, last week!  
Our whole school attendance target remains 96%.

Year group	W/B 04.03.24
Nursery	89.23%
<b>Reception</b>	<b>97.36%</b>
Year 1	95.50%
<b>Year 2</b>	<b>97.04%</b>
Year 3	95.79%
Year 4	92.67%
<b>Year 5</b>	<b>97.12%</b>
<b>Year 6</b>	<b>97.29%</b>
<b>Whole School</b>	<b>95.64%</b>

## Awards

Well done to the following children:

<u>Bronze Merit</u>	<u>Silver Merit</u>	<u>Gold Merit</u>
1M- Sophia, Adam, Elliott, Inayah, Dawoud, Sibtain, Zakariya V, Abrish, Eesa, Kacey, Paul, Teddy and Savannah.	4M- Janna 5J- Yaa and Oliver 6JM- Ayesha	1S- Ahmed 6JM- Nala and Basim
		<u>Platinum Merit</u>
		1S- Kumail
<u>Bronze Reading Rocket</u>	<u>Silver Reading Rocket</u>	<u>Gold Reading Rocket</u>
1M- Adem and Mikaeel	1S- Safa and Zainab	1M- Joanne

## Reading Photo Competition

Thank you to everyone who took part in the Reading in an unusual place photo competition. Congratulations to the following winners.

Phase	Winners
EYFS	Arya (Nursery)
KS1	Joanne (1M) Adem (1M) Zara (1S) Hana (1S) Aren (2M) Shari (2R)
LKS2	Jonah (3A) Rohan (3S) India (3S) Hannah (4W) Maarya (4M)
UKS2	Theresa (5K) Mustafa (6B)

## Stars of the Week- Article 29



Stars of the Week	
Nursery AM- Chinedum	Nursery PM- Eesa
RQ- Zahra	RM- Anastacia
1M- Dawoud	1S- Ismael
2R- William	2M- Sarai
3A- Jacob	3S- Aren
4W- Jayden	4M- Bradley
5K- Arsema	5J- Ameila
6JM- Safwan	6B- Petar

## Writers of the Week- Article 29



Star Writers	
RQ- Haniya	RM- Ahmed
1M- Sami	1S- Zidan
2R- Deen	2M- Dean
3A- Millie K	3S- Anabia
4W- Maryam	4M- Leart
5K - Aurora	5J- Rajveer
6JM- Nala	6B- Dylan

## Mathematician of the Week- Article 29



Mathematician of the Week	
RQ- Omar	RM- Lienna
1M- Hari	1S- Kumail
2R- Adam	2M- Khadijah M
3A- Joshua	3S- Deni
4W- Aleena	4M- Janna
5K - Saijen	5J- Zohaana
6JM- Zubayr	6B- Jessica

## Ramadan Mubarak

Ramadan is the month of happiness and peace. For everyone observing this holy month, I wish you an auspicious time.

Yours Sincerely,

*F Hussain*

Mrs F Hussain  
Headteacher

