

Glade Primary School Atherton Road, Clayhall, Ilford, Essex. IG5 0PF Tel: 0208 708 0200 Email: <u>parentinfo@glade.redbridge.sch.uk</u> Website: <u>www.glade.redbridge.sch.uk</u> Headteacher: Mrs Farzana Hussain

Thursday 15th February 2024

Dear Parents and Carers,

# Mental Health & Wellbeing



Good mental wellbeing is critical for our health, relationships, sense of purpose and our ability to cope with our daily life. Just like we may need help with our physical health, many of us will need mental health support at some point in our lives.

If you or someone you care about is experiencing a mental health crisis – you can call Mental Health Direct 24 hours a day, 365 days a year on 0800 995 1000.

View the wide range of local and online services and support on the interactive Mental Health and Wellbeing Map. This map is designed to be a one-stop-shop for accessing a range of mental

health and wellbeing services – which includes therapeutic support, social support groups, wellness activities, and many more: <a href="https://lbr-gis.github.io/Mental\_Health\_Mapping/">https://lbr-gis.github.io/Mental\_Health\_Mapping/</a>

#### Safeguarding-Keeping your Child Safe when Playing Roblox

Roblox is one of the most popular games amongst young people at the moment. Roblox and SWGfL have worked together and created a checklist for parents which includes:

- ➢ How to report abuse.
- $\succ$  How to block users.
- ➢ Setting up a parent control pin.
- $\blacktriangleright$  And more.

The resource can be downloaded here: https://swgfl.org.uk/assets/documents/roblox-checklist-2023.pdf?\_=169

#### Picture News (Articles 17 and 30)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website: https://www.glade.redbridge.sch.uk/newspictures

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that pupils in England will have the choice to take a GCSE exam in British Sign Language from 2025.

This week's question asks children: 'Should we all learn sign language?' 4W enjoyed practising the signs.







Nutual Respect and Tolerance Learning about the many different ways people communicate can help us celebrate our differences and respect one another.











# Article of the Week- (Article 24)

Mental Health Awareness Week is an ideal time for us all to think about mental health, tackle stigma, and discuss how we can create school environments that protect our mental wellbeing. The week is based around a different theme each year, and previous themes have included nature, kindness, and body image. It is hoped that as many people as possible will have conversations about mental health and the everyday things that can affect it.



## NSPCC Number Day

For NSPCC Number Day, children came in dressed as a number. They were excited and motivated to take part in this day. This was an opportunity to raise money for thousands of children all over the country, who are being helped by the charity, the NSPCC. The NSPCC is a charity who wants every child to have a safe and happy childhood. Children took part in lots of fun, challenging Maths activities throughout the day.



## **Outdoor Learning- Year 4**

Year 4 have been working towards their Young Forester Award. This week they have been identifying trees in the woods and the other outdoor spaces in our grounds.



# Year 6 Lindy Hop Workshop

As part of their learning of events and life in World War 2, Year 6 had a great 'Lindy Hop' dance workshop last Friday. Lindy Hop is a fast, energetic dance popular during the late 1930s and 1940s that includes some steps with a partner and some improvised steps. Lindy Hop started in Harlem, New York, when local dancers added to the popular Charleston with fast spins, cartwheels and jumps. The children did very well at picking up the moves and enjoyed the interactive style of the workshop. If you ask, they may even show you some of what they learnt at home!



## **School Council meeting with ISS Caterers**

Earlier this week, School Councillors met with our school Cook and the Area Manager from ISS (our catering company) to share their thoughts about school meals. During the meeting, children provided feedback from their class and shared things that they enjoy about their school meals and what food they look forward to. We then encouraged children to think of ways their lunch time experience can be improved. It was a very productive meeting as children learnt about the nutritional content of their food they eat and what is allowed to be part of school meals and what is not allowed. The team at ISS have taken back the feedback from children and will continue to work with us. We are moving towards a pre-ordering system so that parents and children can decide and order their school meals in advance.









## Year 5 Viking Day

As a part of their History topic, children in Year 5 have been learning about the Vikings, how they lived, what they ate, how they were strong warriors and the kingdoms they invaded.

Children were so excited about the Viking Day. They came in dressed as Vikings and embraced being a Viking for the day. They took part in lots of fun activities, including being Viking warriors, making candles, making medicine, writing runes and using clay to model Viking objects.



#### **Behaviour Concerns**

At Glade our emphasis is on rewards to reinforce positive behaviour. Rewards have a motivational role, helping children to see that positive behaviour is valued by all. Giving praise for positive behaviour in the same way as we praise good work and effort should be the norm. The most common reward is praise, both informal and formal, and is given in an individual or group setting.

Where praise and positive behaviour management strategies have not succeeded, children must be made aware of the consequences of their actions. All staff have a responsibility to consistently apply and follow through the consequences. It is important that these are appropriate to the behaviour and that there is an opportunity for the child to rebuild their relationship with the affected individual. This allows for the child to reflect on their behaviour.

If you have any concerns about your child's behaviour or that of any other children in the class, parents and carers are reminded of the communication structure for raising concerns. The first port of contact is the class teacher. If the matter is not resolved, this may be escalated to the Phase Leader. In the unlikely event that the concerns are still not addressed, Mr Merchant will meet with parents. Where there are serious behaviour concerns, parents are requested to meet with Mrs F Hussain.

Please do not speak to other parents directly about their children's behaviour.

Our Positive Behaviour and Relationship policy is available on the school website:

https://www.glade.redbridge.sch.uk/\_files/ugd/55ef99\_4cf2cfbbc27e4a2194779f3962df9aae.pdf

#### Wearing Earrings during PE Sessions

Please note that it is no longer considered safe to apply medical tape over earrings during physical activity. Earrings, even small studs, must therefore be removed for all sporting activities including PE lessons and after school clubs. As teachers are not allowed to remove earrings, please ensure your child is able to take them off independently. Alternatively, on PE days, ensure they do not wear earrings.

### Attendance (Article 28)

Well done to **Year 5** for the highest attendance, last week! Our whole school attendance target remains 96%.

#### **<u>Times Table Rock Stars</u>**

Well done to the most active children on TTRS:

Year Group	Name of Child
Year 3	Monasser Mohamed
Year 4	Zara Jawaid
Year 5	Ali Ayub
Year 6	Noel Omorodion

Teacher/Support/Midday

Phase Leader

Deputy Head Teacher

Head Teacher

Year group	W/B 05.02.24
Nursery	82.66%
Reception	92.12%
Year 1	88.81%
Year 2	94.44%
Year 3	93.16%
Year 4	95.76%
Year 5	<mark>98.79%</mark>
Year 6	96.18%
Whole School	93.51%

## Awards

Well done to the following children:

Bronze Merits	Silver Merits	Gold Merits	<u>Platinum Merit</u>
1M-Khadijah 1S- Sophia and Ayah 2M- Gracie-May, Rayaan, Yousuf and Zahra	RQ- Ayman, Amina, Aliza, Ali, Alayah, Aisha and Abdullah 4W- Anika, Fatima and Shadrach 5J- Rajveer 6JM- Maryam	1S- Zidan, Zayn and Callum 6JM- Riyah, Anaaya, Zubayr	6JM- Veer
<b>Bronze Reading Rocket</b>	Silver Reading Rocket	Star Reader	Pen Licence
RQ- Noah 1S- Zainab	1S- Isa	2M- Zahra	4W- Alayna
2M- Rayaan			

#### Stars of the Week- Article 29



	Stars of the Week		
1	Nursery AM- Billie	Nursery PM- Ruman	
	RQ- Aisha	RM- Ibrahim	
	1M- Yusuf	1S- Ahmed	
	2R- William	2M- Maryam	
	3A- Jonah	3S- Iqraa	
	4W- Sofia. C	4M- Shailen	
	5K- Aaron	5J- Araniya	
	6JM- Nastia	6B- Dylan	

#### Writers of the Week- Article 29



Star Writers		
RQ- Omar	RM- Ahmed	
1M- Teddy 1S- Mustafa		
2R- Aliza	2M- Gracie-May	
3A- Zainab	3S- Maaya. H	
4W- Charlie	4M- Minnah	
5K - Soumaya	5J- Maryam	
6JM- Dawud	6B- Ayla	

Mathematician of the Week

RM- Aisha

#### Mathematician of the Week- Article 29

Wishing you a restful half-term break.

Yours Sincerely,

Mussan



1S- Aslan 1M-Rowan 2M- Yaqoub 2R- Adam 3A- Aiden 3S- Arjan 4W- Nusaybah 4M-Zara 5K -Ismael 5J-Fatima-Zahra 6JM- Jessica 6B-Yasna School will re-open on Monday 26<sup>th</sup> February.

RQ- Isaac

