

Thursday 23<sup>rd</sup> February 2023

Dear Parents and Carers,

**Mental Health & Wellbeing- Children’s Mental Health Week (Article 24)**

For many parents and carers, finding time for yourself can be a challenge as you juggle family and relationships with your home and work life. Everybody needs space to unwind and relax, and giving yourself permission to take some time to recharge your batteries means that you will hopefully have more energy and patience to meet the needs of your family.



Please follow the link for top tips on self-care for parents and carers:  
<https://www.annafreud.org/parents-and-carers/self-care-for-parents-and-carers/>

**Redbridge Educational Psychology Service**

Redbridge Educational Psychology Service (EPS) is a team of educational psychologists who are employed by the London Borough of Redbridge. Redbridge Educational Psychology Service offers a range of advice and support on their website; you can find updates on latest services for children and families. If you scroll down a little, you will find a helpline. Here you can ask any questions and receive advice from an Educational Psychologist:

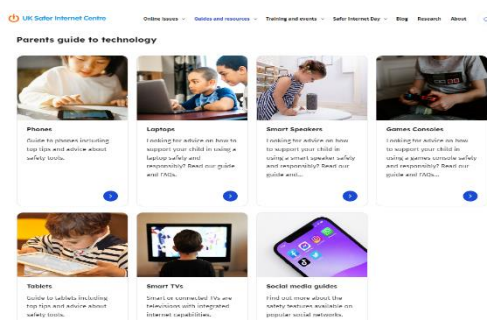
<https://www.redbridge.gov.uk/schools/educational-psychology-service/>

There will be a **Parent Coffee Morning** on Tuesday 28th February at 8.45am in Lloyd Hall. This will be hosted by the Redbridge Educational Psychology Team (MHST). The session is about supporting parent and family well-being; it is for 1 hour and is entitled 'Teaching Happy'. Please use the back entrance on Harewood Drive.

**Safeguarding (Articles 16 and 19)**

As a parent or carer you play a key role in helping your child to stay safe online. You don’t need to be an expert on the internet to help keep your child stay safe online. Please use the link below for advice and resources to support you as you support your child to use the internet safely, responsibly and positively:

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>



**Have a conversation**

It is really important to chat with your children on an ongoing basis about staying safe online. Not sure where to begin? These conversation starter suggestions can help.

- **Ask your children to tell you about the sites they like to visit and what they enjoy doing online.**  
 What games do you and your friends like to play online? Can you show me the websites you visit the most? Shall we play your favourite game online together?
- ▲ **Ask them about how they stay safe online.**  
 What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- **Ask them if they know where to go for help.**  
 Where can they go to find the safety advice, privacy settings and how to report or block on the services they use?
- ◆ **Think about how you each use the internet.**  
 What more could you do to use the internet together? Are there activities that you could enjoy as a family?

**Article of the Week (Article 3)**



Article of the Week is a regular set of learning activities centred on a specific article. This week, our focus is Article 3 - Best Interests of the Child.

The best interests of the child must be a top priority in all decisions and actions that affect children. Children explored **“who makes decisions that affect the lives of children and young people?”**

They reflected on the following:

What does ‘best interest’ mean to you?

How do you get your voice heard when decisions are made that affect you?

If this is a struggle sometimes, who could you go to for help?

## Picture News- (Article 17)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

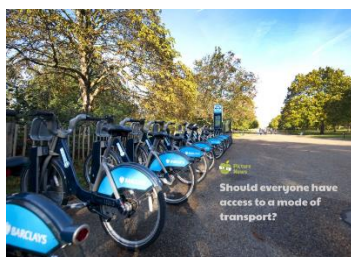
Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that long-term bike hire schemes are on the rise, with companies such as Swapfiets and Zyggy gaining popularity in Europe and Canada, offering rental options for both e-bikes and standard bikes.

This week's question asks children: 'Should everyone have access to a mode of transport?'



### Individual Liberty

There are many factors that may influence how we choose to travel. It is important to consider the consequences of our choices and the impact they may have on ourselves, others and the environment.



### UN Rights of a Child

If a child lives in a different country than their parents, governments must let the child and parents travel, so they can stay in contact and be together.



### Protected Characteristics

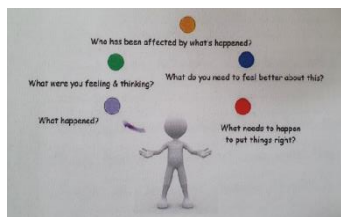


Our beliefs affect our life choices and how we live our lives. For some people, their beliefs may affect the mode of transport they choose to use.

## INSET Day

Staff had a productive day on Monday. All staff received training from Eve Tobe, Education Psychologist, on Restorative Practice. Restorative approaches enable those who have been harmed to convey the impact of the harm to those responsible, and for those responsible to acknowledge this impact and take steps to put it right. As a Rights Respecting Gold school, we already put children's rights at the heart of everything we do. Embedding restorative practice will further complement our school ethos.

In the afternoon, teachers had a brilliant session, being trained by Diane Miller, from Learning through Landscapes. Great team-building opportunities; learning to use our imagination to teach brand new skills and enhance problem solving and thinking skills while feeding seamlessly into the curriculum.



## Nursery Outdoor Learning- Article 29

After reading the Bear hunt story and making up their own animal hunt stories, the children in Nursery went on an animal hunt to in our forest. They looked at what animals they could hear and identify. They are determined that a crocodile lives in our pond and a bear lives in our forest! Children said that they want to go again and take detective glasses to spot more animals.



## Street Tag



Street Tag is a gamified healthy lifestyle app that promotes and enhances community-wide participation in physical activities. For a number of years now, Glade Primary School have competed in the Redbridge Street Tag Leaderboard Competition. A new round of the competition has been launched from Feb 20<sup>th</sup> until 31<sup>st</sup> March. As we are currently at the top of the leader board, we would like as many people to join in as possible. There are prizes for the winning school and individual participants.

Please scan this QR code to participate.



For more information, please watch <https://www.youtube.com/watch?v=xfgs6asO0I&feature=youtu.be>

## Parent Workshops (Article 18)

Thank you to those who attended our first two parent workshops. We hope that you found them useful. PowerPoints from the sessions will be uploaded online. Please find below details of the remaining workshops and sign up link. We look forward to seeing you at one! <https://forms.gle/eYLPQANxM6snR8aq6>

<u>Workshop</u>	<u>Date and time</u>	<u>Led by</u>
How to support your child with Maths Reception – Year 2	Thursday 9 <sup>th</sup> March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child with Maths Years 3-6	Wednesday 29 <sup>th</sup> March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child's Wellbeing	Thursday 23 <sup>rd</sup> March 3:45pm – 4:45pm	Mrs Jones and Miss Hussain
How to support your child online (E-Safety)	Thursday 30 <sup>th</sup> March 3:45pm – 4:45pm	Mrs Miah and Mr Merchant

## Turkey and Syria Earthquake

Thank you to everyone who donated on Non-Uniform day before half-term. We raised an **incredible £1745.94** that was donated to Turkey and Syria via UNICEF. In addition, we sent essentials and clothing parcels directly to Turkey and Syria through a friend of Ms Yildiz. Some of the Year 6 children helped packing up the donations.



## Redbridge Education Awards

Congratulations to the following members of staff who were nominated for an award:

Teacher	Nominated For
Miss Bartlett	Teacher of the Year - Primary School
Ms Ullah	Teacher of the Year - Primary School
Ms Rana	Teacher of the Year - Primary School
Mrs Hussain	School Leadership



## REDBRIDGE EDUCATION AWARDS

Celebrating individuals  
who are shaping  
extraordinary futures

In addition, our Inclusion Lead, Mrs Jones, has been **shortlisted for the Lifetime Contribution award**. She has been invited to attend the awards ceremony at Wanstead Golf Club on 27<sup>th</sup> April.

Lifetime Contribution awards recognises and celebrates the contributions made over the whole of Mrs Jones' career; very well deserved.

## NEU Teacher Strikes

As you may be aware, members of the National Education Union (NEU) have voted to strike over a series of days. The decision to strike has not been taken lightly by teachers in England and Wales.

The next strike day is **Thursday 2<sup>nd</sup> March**. On this day, **our school will be closed to all children** as we do not have class teachers to teach the classes. School will be open to all staff who are not striking. We sincerely apologise for the inconvenience that this may cause your family but hope that you can appreciate that this is not just about teachers' salaries; it is a fight for the future of education.





## World Book Day

We will be celebrating World Book Day on Friday 3rd March, as the school will be closed on Thursday. Children are encouraged to dress up in their favourite book character or their pyjamas. On this day, we will be celebrating by engaging in activities to further develop the love for reading.

Your child will also be gifted a £1 book voucher, which you can use to purchase at any leading bookshop. Alternatively, you may wish to use the voucher at our school book fair which will be taking place w/b 20th March - watch this space!

## Changes to the School Office

Further to the previous newsletter, thank you to parents and carers who are refraining from coming to the school office between **8.45am and 9.15am** and **3.10pm and 3.40pm**. Please call the school office on 0208 708 0200 or email at [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk)

If you must come in to the main office, kindly visit between 9.15am- 3.10pm

There is now a late box in the main reception area where parents can drop off their labelled belongings (name and class) that children have forgotten, such as packed lunch boxes, water bottles etc. The admin staff will ensure they reach your children. Thank you for your support with this.

## Attendance- Article 28

It is the legal responsibility of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Children are required to attend school for 190 days each year. The Government's target for attendance for primary school pupils is at least 95%.

Year group	W/B 06.02.23
Nursery	84.97%
Reception	93.24%
Year 1	94.92%
Year 2	95.00%
Year 3	95.19%
Year 4	93.60%
<b>Year 5</b>	<b>97.79%</b>
Year 6	96.60%
Whole school	94.77%

Well done to **Year 5** for the highest attendance!

## Times Tables Rock Stars

Times Tables Rock Stars is a maths programme that takes all the worry out of learning times tables and has a proven track record of boosting children's fluency and recall in multiplication and division. Well done to 6S, 2M and 5A for being the fastest players.



Position	Class	Average speed of the class
1st	6S	2.65 Seconds
2nd	2M	2.84 seconds
3rd	5A	3.11 seconds

Yours Sincerely,

Mrs F Hussain  
Headteacher

