



Glade Primary School
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Dear Parents and Carers,

Mental Health & Wellbeing- Talking about Mental Health (Article 24)

Talking about Mental Health can sometimes seem very daunting at first for both adults and children. This can then sometimes prevent important conversations from being had. As a result of this, we are sharing a Mental Health Conversation toolkit in the hope that these conversations can become easier. This toolkit aims to provide you with the fundamentals in starting a conversation surrounding Mental Health and was collated by Anna Freud: National Centre for Children and Families:

<https://d1uw1dikibnh8j.cloudfront.net/media/11396/tmh-parent-leaflet-final-web-updated-by-ed-april-2020.pdf>



Safeguarding Operation Encompass (Article 16)

Operation Encompass has been established to help schools provide in-school support to children who have been present at, exposed to or involved in any domestic abuse incident. Therefore, as part of the Operation Encompass procedure, the school receives a confidential email from the Police before 9am the morning after a child or young person has been witness to, or involved in, any reported domestic abuse incident.

Here at Glade Primary, we have a dedicated and child-focused Safeguarding Team. We are specially trained to effectively use the information the Police share, in confidence, and enable the school to provide the right support to any child and their family. We always endeavour to offer the best support possible to our pupils. To find out more about Operation Encompass, please use the link below:

<https://www.operationencompass.org/school-participation>

Picture News (Articles 17 and 2)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that October is Black History Month in the UK. This year's theme is 'Saluting our Sisters', highlighting the role Black women have played in shaping history, inspiring change, and building communities in the UK.

This week's question asks children: 'How does change happen?'



British Values

Democracy
In the past, some people have been ignored because of their colour. Everyone has a voice and the right to be heard.

Protected Characteristics

Nobody should ever be overlooked, ignored or treated unfairly because of their colour.

Sex, Race, Religion, Age, Disability, Gender Reassignment, Marriage and Civil Partnerships, Pregnancy and Maternity, Sex, Age and Older.

UN Rights of a Child

We all have rights no matter who we are, where we live, what we look like or what we think. We should never be treated unfairly for any reason.

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NO DISCRIMINATION

Article of the Week- Article 28- Right to Education

Article 28 says that all children across the world have the right to access primary education for free, and secondary education must be available to every child. Discipline in schools must respect children's dignity and their rights. Richer countries must help poorer countries achieve this.

Restorative justice, positive behaviour management and peer mediation are just some of the ways that schools will be helping Article 28 to be realised for their pupils. Policies like the intimate care and behaviour management policies will reflect this too by showing how the child's dignity is being respected.



Learning Outside the Classroom Fire lighting Workshop (Article 29)

As part of our work on the Stone Age, in History, children in Year 3 looked at how people during that era would have cooked their food. We learnt how to build our own fires, what the fire triangle is and how to keep safe when building fires. As a treat, we roasted some marshmallows and enjoyed them.



Equans Art Competition (Article 29)

Before the summer holidays, Richard from Equans (a construction company) delivered a very informative assembly on construction site safety for us and set a competition to create a poster to highlight the dangers of the sites and reminding children to keep out. He returned yesterday to announce the lucky winners who received an amazing art kit. Well done everyone! The winning entries will be enlarged and displayed at construction sites around the borough.



Year 6 visit to Museum of London Docklands Visit (Articles 17, 29 and 31)

To support their understanding of both the history of the Caribbean Islands and Wartime in London, Year 6 visited the Museum of London Docklands on Tuesday.

In one of the galleries, the children learnt about how the Transatlantic Slave Trade began and the effect it had on so many generations of people. They examined a range of primary sources and enjoyed learning about how the abolitionists campaigned to bring about necessary change. They discovered how the Docklands and trade was affected in wartime in another gallery.

It was both a productive and enjoyable trip: not only did our children learn valuable lessons at the gallery, they also loved the walk on the bridge traversing the canal and said they would like to visit the museum/the Docklands area again with their families. They will be creating 'Visit Highlight' posters based on this visit and you will be able to see some of their work in next week's newsletter.



Meet the Governors

Governing bodies are the strategic leaders of schools and have a vital role to play in making sure every child gets the best possible education. The purpose of governing bodies is to 'conduct the school with a view to promoting high standards of educational achievement at the school'. Each week, we will introduce to you a different member of our Governing Body.

Lynne Patchett, Local Authority nominated Governor.

Lynne began her professional life as a primary school teacher in the London Borough of Southwark, before moving to the Natural History Museum's education service. After a year out to study for a master's degree in history, she joined the Civil Service, where she worked in the Departments for the Environment and Culture, Media and Sport. At the end of 2000, Lynne and her young family had the opportunity to move to Paris, France, where she worked for the United Nations Educational, Scientific and Cultural Organisation (UNESCO) until her retirement at the end of 2019.



In addition to her involvement with our school, Lynne volunteers with Citizens Advice and is learning Italian. She also enjoys cooking, walking, swimming, reading and gardening.

Lynne joined Glade Primary's Governing Body in January 2022. She is a member of the Personnel and Curriculum Committees and Link Governor for Art and Design Technology, French and Music, as well as for Continuing Professional Development.

Israeli and Palestine Conflict

Our school is deeply concerned about violence in Palestine and Israel and our thoughts are with all those who have been made to feel unsafe in the own homes. We hope for peace and for peaceful solutions to the conflict. At a time of local and international concern, we remain a place for calm, care for another and for tolerance and understanding.

Healthy Lifestyles (Article 24)

Following the NHS height and weight checks for Reception and Year 6 children, it was found that 19% of pupils in Reception and 38% pupils in Year 6 are overweight or living with obesity. This is a similar percentage to pupils across the borough, with Redbridge having a slightly higher percentage of pupils that are overweight or living with obesity than children of a same age in other areas across England. Growing healthily and maintaining a healthy weight throughout childhood is important for physical, social and mental health and wellbeing, including readiness to learn. It also lays a foundation for future health, wellbeing, learning and employment.

Being overweight is often directly linked to poor diet and lack of exercise. As parents and carers, it is our responsibility to ensure that our children have the best start that we can give them! Please see below, some resources that have been shared by our School Nursing Team.

Free online courses for parents

To learn more about how you can support your child's health and emotional development, go to www.inourplace.co.uk and enter the code BRIDGE for free access to the online courses.

The Eatwell Guide

Government recommendations on eating healthily and achieving a balanced diet

<https://www.gov.uk/government/publications/the-eatwell-guide>

NHS Food Scanner app

An app to help parents and pupils explore what is in their food and drink and swap unhealthy foods that are high in saturated fat, sugar, and salt, to healthier choices. The app is free to download: <https://campaignresources.phe.gov.uk/schools/resources/food-scanner-app>

At Glade, along with promoting healthy eating and healthy lifestyles through our curriculum, we plan and deliver outdoor learning, active playtimes and two PE lessons for each child, each week. We organise many active lunchtime clubs and after school sessions which aim to appeal to all. Please speak to your class teacher if you would like your child to attend one of the sport or activity clubs.

Measles update from NHS

Measles is highly infectious and if left unvaccinated nine out of ten children in a classroom can catch the disease if just one child is infectious. If you are unsure if you or your child are up to date, check your child's red book or GP records and make an appointment to catch up any missed doses.

Measles is highly infectious and can be passed on even before the rash appears. Make sure your child is protected from becoming seriously unwell.



School Council Reps (ARTICLE 12 Group) 2023-24

We are proud to announce the names of our new school representatives for 2023-24. They have been elected after a fair democratic process of class/whole school elections.

We look forward to working with them and listening to their ideas on how to make our school even better

School Council Reps (ARTICLE 12)	
1M- Dawud and Sophia	1S- Logan and Zara
2R- Olivia and Can	2M- Khadijah M and Yaqoub
3A- Jacob and Ayesha	3S- Rohan and Isabella
4W- Ayaan and Zoha	4M- Isaiah and Safaa
5K- Theresa and Satyam	5J- Oliver and Hira
6JM- Mya (Chair-person), Safwaan (Treasurer), Amaya and Eiliyah	6B- Isla (Vice-Chairperson), Jayden (Secretary), Aadam and Osarague

Gymnastic Gold Medallist (Articles 29 and 31)

Eva in 4M competed in the IGA gymnastics competition in High Wycombe in Beam-Bar, Floor and Vault with her team, Flyers. She won the 1st place gold individual medal for her age group for the bars. Congratulations Eva!



Attendance (Article 28)

Good attendance at school is proven to lead to good academic results. At Glade Primary we aim for every child to achieve 100% attendance.

Holidays during term-time will not be authorised and parents may receive a fixed penalty notice if they are taken. If you wish to request a leave of absence due to exceptional circumstances, please complete a leave of absence form from the school office.

All medical appointments should, where possible, be organised outside of school hours.

Well done to Year 4 for the highest attendance!

Year group	W/B 02.10.23
Nursery	93.65%
Reception	93.33%
Year 1	95.97%
Year 2	92.68%
Year 3	96.28%
Year 4	97.83%
Year 5	95.09 %
Year 6	92.46%
Whole School	94.81%

Awards

Well done to children for their awards.

Bronze Merits
3A- Millie S
4W- Nusaybah
6JM- Anaaya

Stars of the Week- Article 29

Well done to the 'Stars of the Week'



Stars of the Week	
RQ- Isaac	RM- Rowan
1M- Paul	1S- Aayan
2R- Faaria	2M- Kainaat
3A- Edward	3S- Deen
4W- Amalia	4M- Nazara
5K- Iba	5J- Ali
6JM- Darcey	6B- Youcef

Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'



Star Writers	
RQ- Yaqoub	RM- Salli
1M- Zakariyya B	1S- Micholaj
2R- Inaya	2M- Sarai
3A- Afsah	3S- Iqraa
4W- Jayden	4M- Kaiden
5K- Leo	5J- Hira
6JM- Daniel	6B- Chenaya

Yours Sincerely,

Mrs F Hussain
Headteacher

