

Thursday 2nd March 2023

Dear Parents and Carers,

Mental Health & Wellbeing- Children's Mental Health Week (Article 24)

Self-esteem is **liking yourself, feeling worthwhile, believing in yourself and knowing what you do well.** Self-esteem gives children confidence to:

- try new things and try again when things don't go as planned
- do things that they might not enjoy or normally be good at
- face challenges rather than avoid them.

When children try new things, face challenges and bounce back, they learn and grow. This is why self-esteem can be an important part of child development.

At school, children might compare themselves with their friends and classmates. At this age, self-esteem tends to relate to many things- including how well children learn, how they look, how they do at sport and how easily they make friends.

Challenges at school might seem to dent your child's self-esteem because your child might feel less capable than others for the first time. But this will help them learn that they don't need to be perfect at everything to be loved, valued and capable.

Mentally Healthy Schools brings together quality-assured mental health resources, information & advice for schools. This week we are sharing their self-esteem top tips. The resources are for parents and carers and explores the importance of self-esteem and provides some simple, easy to follow top tips to help build children's confidence and belief in themselves:

<https://mentallyhealthyschools.org.uk/resources/self-esteem-top-tips/>



Safeguarding- NSPCC Speak Out: Stay Safe Programme (Articles 16 and 19)



This term we will be participating in the NSPCC's 'Speak out. Stay safe.' online programme. This consists of an online assembly and supporting classroom based activities. 'Speak out. Stay safe.' is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or Childline. In the online assembly, the 'Speak out. Stay Safe.' messages are delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec. Following-on from the assembly, our specially trained NSPCC volunteers will also be delivering a workshop to our Year 5 and 6 children that will build-on and deepen pupils' learning gained from the assembly. By the end of the programme, we are convinced that children will feel empowered, knowing how they can speak out and stay safe.

If you would like to know more about the Speak out. Stay safe. programme you can find information on the NSPCC website: www.nspcc.org.uk/speakout

Article of the Week- Non-discrimination (Article 2)

International Women's Day (IWD) is celebrated on 8th March. It is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality.



Children will reflect on the following:

- Think of a change that would help to make a fairer world where gender equality is a reality. It might be something small.
- Is there something you can do to make this happen?
- Can you tell somebody about the change you would like to see?

Picture News (Article 26)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that the government has said that a safe, digital pound is likely to be needed in the future. Users could spend the currency online and for payments made in shops or restaurants in person.

This week's question asks children: 'Will the world become cashless in the future?'



Individual Liberty
People can choose how they spend their money. There may be benefits and consequences of spending money in each of its forms, which may vary for each individual.



UN Rights of a Child

Governments should provide money or other support to help children from poor families.



Protected Characteristics



There may be times when someone's age affects how they spend their money. Not all children have bank cards or mobile phones and not all adults want to use them either. Everyone should be able to choose how they spend their money.

Reception Outdoor Learning- Article 29

Our Reception children love being outside and know how to make the most of outdoor learning and being in the elements! We have been out when it's been beautifully frosty and rainy!

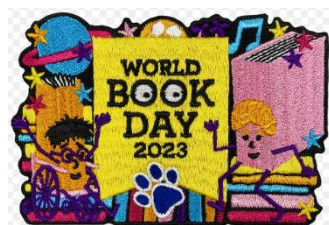
As a part of our Welly Wednesdays, we visit the woods, making homes for the creatures out of things we have found in nature. Now that it's the growing season, we have been out digging and harvesting the last of our crops! And we sampled them after making 'the best ever roast! Additionally, we have built a space craft and rocket for our space mission!



Parent Workshops

Thank you to those who attended our recent parent workshops. We hope that you found them useful. PowerPoints from the sessions will be uploaded online. Please find below details of the remaining workshops and sign up link. We look forward to seeing you at one! <https://forms.gle/eYLPQANxM6snR8aq6>

Workshop	Date and time	Led by
How to support your child with Maths Reception – Year 2	Thursday 9 th March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child with Maths Years 3-6	Wednesday 29 th March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child's Wellbeing	Thursday 23 rd March 3:45pm – 4:45pm	Mrs Jones and Miss Hussain
How to support your child online (E-Safety)	Thursday 30 th March 3:45pm – 4:45pm	Mrs Miah and Mr Merchant



World Book Day- Friday 3rd March

A reminder that we will be celebrating World Book Day tomorrow. Children are encouraged to dress up as their favourite book character or come dressed in their pyjamas.

Red Nose Day

Red Nose Day is on Friday 17th March.

Poverty is not simple, or easy to see. It is behind so many of the issues that we work to tackle. Comic Relief support people who are facing the toughest times of their lives, whether they're impacted by the cost of living crisis, the drought in East Africa, or the recent, heart-breaking earthquake in Syria and Turkey.



The school council would like children and staff to donate £1 or more to support this charity. Over the afternoon, children will have the opportunity to dance, sing, and share jokes to make others laugh.

They would like children and staff to **'Wear something red, look funny, and that way, raise lots of money!'**



Young Writers

Children in Years 2 and 3 took part in a Young Writers' Competition for a chance to have their stories published in a book. Congratulations to the following children, who have been selected to have their work published:

2R	Safa
3A	Anika, Aleena, Atharv, Giulia, Janna, Nida and Rida
3H	Amalia, Alessia, Nusaybah and Jayden

NEU Teacher Strikes

Thank you to our parents and carers who have expressed support for teachers across the country who are striking. Our Glade teachers went to the peaceful protest and held their placards during today's march, in front of Redbridge Town hall, in Ilford.



Awards

Congratulations to the following children:

<u>Bronze Merit</u>	<u>Silver Merit</u>	<u>Gold Merit</u>
1S- Mariya 2M- Jonah, George and Ameer 4N- Aarav, Aresema, Faria, Iba, Mohammed, Wasi, Aurora and Satyam	RM- Zakariya V RQ- Martin and Mikaeel 1C- Xavier and Aaban 1S- Ameerah and Edan 4W- Ravya 6D- Haaniya, Eliza and Aaron 6S- Daniyal, Mueez and Harley	4W- Aahil, Joshua, Zohaam, Fatimah-Zahra and Rajveer 6D- Hannan, Fatima, Elizabeth and Michelle 6S- Annie, Hershne and Amelia
<u>Reading Rockets Bronze</u>	<u>Reading Rockets Silver</u>	<u>Reading Rockets Gold</u>
RM- Inayah and Zakariya V 2M- Jonah	RM- Adem and Safiyah	1S- Zayn
<u>Star Readers</u>		<u>Special Award</u>
1S- Adam		4W- Momina 3H- Bradley

Attendance- Article 28

It is the legal responsibility of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Children are required to attend school for 190 days each year. The Government's target for attendance for primary school pupils is at least 95%.

Well done to **Year 1** for the highest attendance, last week!

Year group	W/B 20.02.23
Nursery	87.35%
Reception	85.62%
Year 1	98.92%
Year 2	91.23%
Year 3	94.73%
Year 4	96.87%
Year 5	96.51%
Year 6	97.00%
Whole school	94.02%

Stars of the Week- Article 29

Well done to the 'Stars of the Week'



Stars of the Week	
Nursery am- Hessa	Nursery pm- Jamie
RQ- Phoenix	RM- Khadijah
1C- Aaban	1S - Aminah
2R- India	2M- Zainab
3H- Eva	3A- Shyna
4N- Mohammed	4W- Momina
5A- Amelia	5U- Darcey
6D- Gabriela	6S- Ronnie

Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'



Star Writers	
RQ- Safa	RM- Adem
1C- Anna	1S - Adam
2R- Maryam B	2M- George
3H- Felicia	3A- Zain
4N- Satyam	4W- Baktash
5A- Subhaan	5U- Eiliyah
6D- Kaiden	6S- Sky

Yours Sincerely,

F Hussain

Mrs F Hussain
Headteacher



Artsmark
Silver Award
Awarded by Arts
Council England

