

Thursday 9th February 2023

Dear Parents and Carers,

Mental Health & Wellbeing- Children's Mental Health Week (Article 24)

This week is Children's Mental Health Week. The theme this year is, 'Let's Connect.' To raise awareness, Mrs Jones and Mrs Leat led a special assembly celebrating the week. In class, children explored the importance of making meaningful connections with others and how this supports our wellbeing.



Please use this link to access Place 2 Be's practical advice for parents and carers. <https://parentingsmart.place2be.org.uk/>

'Let's Connect' is about making meaningful connections. Human beings thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections, to family, friends and others, this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

As parents and carers, you play an important role in your child's mental health. Please use the link below to access free resources for families: <https://www.childrensmentalhealthweek.org.uk/families/>

Safeguarding- Articles 16 and 19

Childline have developed a special website for Under 12s. It contains lots of information and advice, as well as games and sources of support. There is also a feature to have the site read to you and translated into different languages. Do find some time to explore this very useful resource with your child: <https://www.childline.org.uk/kids>

Safer Internet Day

This has been a very busy week for our Digital Leaders. They prepared and participated in the Internet Safety Assembly. Classes joined the online safety assembly with Parent zone; they are now Internet Legends! Children also took part in a range of activities to invoke conversations about life online.

We had discussions about seeing scary things, online bullying, scams and fake news. These are real worries for children and will be topics we need to continually have conversations about. Some of our younger children are worried about a fictional online character, called 'Huggee Waggee.' Please talk to your children about any concerns that they may have. Conversations have also brought to light the issues about age appropriate games. Please check the certificates of games and monitor what your child is playing. If you would like further advice about online safety, please click links below.

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023>
<https://www.childnet.com/https://parentzone.org.uk/>



Keeping Children Safe at School (Articles 16 and 19)

We carry out regular Fire drills and Invacuation (lock-down) drills with all children to ensure that they are aware of what to do in the event of an emergency. An Invacuation or lockdown occurs when circumstances dictate that the safety of students and staff is better ensured by them being kept inside the building with the doors and windows locked and the blinds/shutters closed. Children are moved away from the windows and doors for prime safety.

This year, our 'Right to be safe week' will be taking place week beginning 13th March where children will have special assemblies and workshops from the NSPCC about the importance of speaking out if they have any concerns, as well as road safety, E-Safety and the importance of the PANTS rule.

Picture News- Article 36

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that the Welsh Football Association has announced that the national men and women's football teams will be paid equally moving forward.

This week's question asks children: 'Should men and women's sports teams be paid the same?'



Democracy

If we do not agree with something or do not think it is fair, we can use our voices to make changes. Wales' national men and women's football teams will now receive equal pay.



Protected Characteristics

Both men and women should be treated fairly. This includes being paid fairly for the job they do.



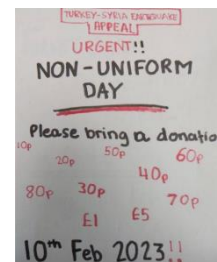
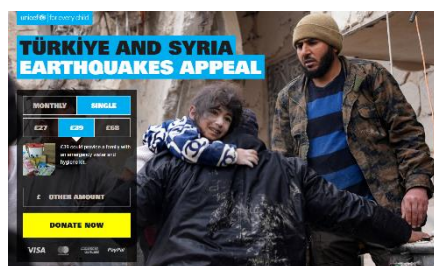
UN Rights of a Child

All children have rights and should not be treated unfairly for any reason. This includes whether we are a girl or a boy.



Turkey and Syria Earthquake

Following on from the devastating earthquake in Turkey and Syria, Picture News produced an additional pack this week to help schools discuss the recent devastating earthquakes.



Staff at Glade have collected essential supplies which will be transported to Turkey and Syria to people who have lost everything.

To show our collective support as a school, **Friday 10th February** will be a **non-uniform day**; staff will be standing at the gates with buckets collecting your donations. All money raised will be donated to Turkey and Syria via UNICEF.

Year 6 Outdoor Learning- Article 29

In their science lesson this week, Year 6 children focused on the effects of different physical activities on their heart rates. They checked their pulses before and after: walking, jogging and running. Through observing and comparing their pulse rates, children made their own conclusions, discussed and understood the impact of exercise on their bodies.



Gymnastics Competition at Gearies School

Congratulations to our children in Years 1, 2 and 3 who represented our school in a Gymnastics Competition yesterday. They came in 3rd place. An extra special well done to Teresa in 3H who got a medal for best girl.



Community Access Scheme



As part of the Community Access Scheme, you can now buy reduced price tickets for **London Zoo** at their entry kiosks from as little as £3 per person, if you are receiving Universal Credit, Working Tax Credit, Child Tax Credit, Employment and Support Allowance, Income Support or Jobseeker's Allowance. The £3 tickets are available for the whole family (under 3's go free), only at the zoo entrance (not online) from 11am every day of the week, and the current offer runs until the end of March 2023.

If you are eligible and interested in taking up this amazing offer, please use the link below for more details:

<https://www.zsl.org/zsl-london-zoo/visitor-information/community-access-scheme>

Parent Workshops

Thank you to those who attended our first two parent workshops. We hope that you found them useful. PowerPoints from the sessions will be uploaded online. Please find below details of the remaining workshops and sign up link. We look forward to seeing you at one! <https://forms.gle/eYLPQANxM6snR8aq6>

<u>Workshop</u>	<u>Date and time</u>	<u>Led by</u>
How to support your child with writing Years 3-6	Wednesday 22 nd February 3:45pm – 4:45pm	Mrs Ahmed and Mrs Jain
How to support your child with Maths Reception – Year 2	Thursday 9 th March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child with Maths Years 3-6	Wednesday 29 th March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child's Wellbeing	Thursday 23 rd March 3:45pm – 4:45pm	Mrs Jones and Miss Hussain
How to support your child online (E-Safety)	Thursday 30 th March 3:45pm – 4:45pm	Mrs Miah and Mr Merchant

Changes to Home Time for KS2

Further to requests from many parents, from the summer term, Monday 17th April, Key Stage 2 children (Years 3, 4, 5 and 6) and Reception will finish school at 3.20pm. This will mean there is a shorter time to wait for parents collecting children from different Key Stages.

Changes to the School Office

Over the last few weeks it has become incredibly busy at the main office. From after half term, we will operate restricted times, which means that parents are requested **not** to access the office between **8.45am and 9.15am** and **3.10pm and 3.40pm**. Please call the school office on 0208 708 0200 or email at parentinfo@glade.redbridge.sch.uk
If you must come in to the main office, kindly visit between 9.15am- 3.10pm

In addition, there will be a late box in the main reception area where parents can drop off their labelled belongings (name and class) that children have forgotten, such as packed lunch boxes, water bottles etc. The admin staff will ensure they reach your children.

This will help a smoother start and end to the day where staff can focus on children. Thank you for your support with this.

Goodbye

After half-term, we will sadly be saying goodbye to Mrs Chudasama, our Finance and Admissions Officer. Many parents will know her as Mrs Chudasama works in the main office. We wish her all the best for her future.



NSPCC Number Day

Thank you and well done to everyone who supported us raise £1,079 for the NSPCC.



Phonics Support on our School Website

We are regularly updating the information on our school website. Please do visit for some useful resources.

For information on how we teach phonics at Glade and how you can support your child, please visit:

<https://www.glade.redbridge.sch.uk/year-2-phonics>

Please use the link below for resources to help you support your child with saying their sounds and writing their letters. There are also some useful videos so you can see how they are taught at school and feel confident about supporting their reading at home.

<https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/>

These four videos show you how to pronounce the sounds. Notice how the children don't add an 'uh' sound at the end, so they say 't' not 'tuh'. Use the downloadable information to help your child remember how to write their letters and say their sounds.

Videos



Reception Autumn 1 sounds

Download a guide to how children are taught to say their sounds in Reception Autumn 1

Download

Youth Charter Community Day

The Youth Charter would like to invite pupils and their families to the Youth Charter Community Day, which is supported by Met Police. The Youth Charter Community Day is being held on **Friday 17th February 2023** from 11am to 4pm at the **London Marathon Community Track**, London Stadium, Queen Elizabeth Olympic Park, London, London E20 2ST

The Community Day will include:

- Met Police Community Outreach, Recruitment and Engagement
- Police & Fire Service Teams, Vehicles and Animals
- Sport, Art, Culture and Digital Activities
- West Ham United Foundation & Mascot
- Sport Stars from Athletics, Karate and Boxing
- Badu Sports
- Dignitaries
- Food and Refreshments

For more information, please visit:

<https://www.localoffertowerhamlets.co.uk/events/36446-youth-charter-community-day-supported-by-met-police>

Attendance- Article 28

It is the legal responsibility of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Children are required to attend school for 190 days each year. The Government's target for attendance for primary school pupils is at least 95%.

Well done to **Year 6** for the highest attendance, last week!

Times Tables Rock Stars



Times Tables Rock Stars is a maths programme that takes all the worry out of learning times tables and has a proven track record of boosting children's fluency and recall in multiplication and division.

Well done to **2R** for being the most active classes on TTRS. If you need a reminder of your child's TTRS login details, please speak to your child's class teacher.

Year group	W/B 30.01.23
Nursery	87.57%
Reception	89.77%
Year 1	94.44%
Year 2	93.30%
Year 3	95.02%
Year 4	93.62%
Year 5	95.47%
Year 6	98.73%
Whole school	94.01%

Awards

Congratulations to the following children:

<u>Bronze Merit</u>	<u>Silver Merit</u>	<u>Gold Merit</u>
1S- Arhaan 2R- Ayesha, Edward, India, Maryam M, Prince and Safa 4W- Baktash	RM- Dawoud and Paul 5A- Isla, Ayla and Mustafa 6S- Ronnie, Rauyan and Safaa H	5A- Yasna 6S- Amelia and Nadia
<u>Reading Rockets</u> <u>Bronze</u>	<u>Reading Rockets</u> <u>Gold</u>	<u>Star Readers</u>
2M- Isabella	2M- Azeem	RQ- Hari and Logan

Stars of the Week- Article 29

Well done to the 'Stars of the Week'



Stars of the Week	
Nursery am- Gavrina	Nursery pm- Sara
RQ- Lorenzo	RM- Harvey
1C- Dayyaan	1S - Zayn
2R- Leen	2M- Talya
3H- Musa	3A- Anaye
4N- Soumaya	4W- Diyen
5A- Subhaan	5U- Arham
6D- Eliza	6S- Angie

Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'



Star Writers	
RQ- Phoenix	RM- Kumail
1C- Kainaat	1S - Aliza
2R- Ayesha	2M- Iqraa
3H- Charlie	3A- Fatima
4N- Aurora	4W- Isabella
5A- Neha	5U- Arham
6D- Aaron	6S- Yusra

Half-term Holiday



Monday 20th February- INSET day- School is closed to children.
Tuesday 21st February- All children back to school.

Wishing you all a happy, restful and well deserved half term break.

Yours Sincerely,

F Hussain

Mrs F Hussain
Headteacher

