



Glade Primary School
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Headteacher Mrs Farzana Hussain

Thursday 22nd October 2020

Dear Parents and Carers,

Mental Health & Wellbeing

Paying more attention to the present moment can improve your mental wellbeing. This includes your thoughts and feelings, your body and the world around you. Some people call this awareness "mindfulness".

Mindfulness can help you enjoy life more and understand yourself better. It can positively change the way you feel about life and how you approach challenges.

As well as practising mindfulness in daily life, it can be helpful to set aside time for a more formal mindfulness practice. Mindfulness meditation involves sitting silently and paying attention to thoughts, sounds, the sensations of breathing or parts of the body, bringing your attention back whenever the mind starts to wander.

You can watch this short mindful breathing exercise video on YouTube from Every Mind Matters:

<https://www.youtube.com/watch?v=wfDTp2GogaQ&app=desktop>

Black History Month

It is essential that our curriculum is diverse and reflects our community. Therefore, we will continue to teach equality and diversity throughout the curriculum.

To celebrate BHM, each year group had a different focus. This term, our children have been learning about the following:
Nursery - Handa's Surprise, focussing on animals and fruits of Africa.

Reception - Handa's Surprise, focussing on life in Africa and learnt to sing an African nursery rhyme.

Year 1 - Zomo the Rabbit, artist Winston Branch, inventor Elijah McCoy and sports personalities Hussain Bolt and Mo Farah.

Year 2 - The Spider Weaver, the inspiration behind the traditional clothing of Ghana, Rosa Parks and the inventor Garrett Morgan.

Year 3 - Prominent black leaders and their work, from a variety of countries e.g., Nelson Mandela, Paul Stephenson and Barack Obama.

Year 4 - Olympian Athlete Alice Coachman, linking this in with their topic work of Ancient Greece.

Year 5 - Mae Jemison and the history of slavery.

Year 6 - Benjamin Zephaniah, slavery in the British Empire, apartheid in South Africa, Walter Tull and looking at inspirational women past and present.

To find out more about the people, events and stories we covered during this month, please take a look at our Black History Slideshow which will be available to view on our school website during the half-term break.

Year 2- Poetry

As part of their unit on the Great fire of London, Year 2 have been writing poems in English. They presented their poems in a creative fire design and performed them to rest of the class.



Bulb planting

As part of the 'Redbridge Community Bulb Planting Weekend,' we were very fortunate to receive free bulbs to plant around our school! The Eco Warrior Team, Mrs Miah and Mrs Craggs have been busy planting bulbs around the school in preparation for the treasures at spring time. Don't forget it is also Harvest time. We hope you have reaped the rewards of your own gardening, especially during Lock down. Year 1 have been making the most of Harvest. They have harvested spinach, onions and garlic to make muffins. KS1 also participated in the 'Big Soup' event with the RHS. For this, Year 1 enjoyed harvesting juicy tomatoes and potatoes to make soup in class. Please check out the school website, where Year 1 demonstrated how to make the soup.



The Royal Horticultural Society- Gardening Award- Level 4

In last month's newsletter, I was pleased to inform you that our Garden Club had achieved the Royal Horticultural Society Level 3 award and that we were working towards Level 4. It gives me great pleasure to share that today, we received confirmation that we have **achieved Level 4**. Thank you to Mrs Miah and Ms Willers for their continued hard work in looking after our garden and incorporating it in the Glade curriculum. Thank you to Briers Garden Gloves for donating gardening gloves to our school.



Year 6 Poetry in our forest



Jonny Walker has finished his first half term of weekly poetry workshops in our forest working with Year 6s and their teachers. During the six weeks, they watched Summer give way to Autumn where the children settled into the outdoor learning and into the writing process. They produced some beautiful poetry, which we will be collating into anthologies next term.

You can see a link to a short film showing their six weeks together by clicking the link below:

<https://www.youtube.com/watch?v=8kUfdanDZQg>

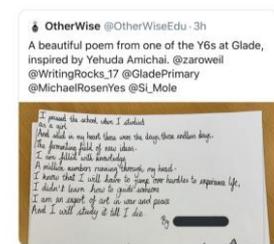
Our Year 6 poetry has received the attention of famous authors, such as Michael Rosen and Pie Corbett on Twitter. Well done Year 6!

Otherwise @OtherwiseEdu · 4h
Brilliant things happen in classrooms where teachers write alongside their pupils.
[@GladePrimary](#) a real community of craft and honesty



1 retweet, 3 likes

Tweet
Michael Rosen @MichaelRosenYes
Great work Year6s at Glade!



14:45 · 19/10/2020 · Twitter Web App



Pie Corbett @PieCorbett
Replying to @OtherwiseEdu @zarowell and 4 others
Great poem - which one was the model?
6:10 PM · Oct 19, 2020 · Twitter Web App
2 Likes



6:10 PM · Oct 19, 2020 · Twitter Web App



After half term, Jonny will be working with Year 3 on Mondays. However, the after-school club with Year 6 will continue until Christmas. Please ensure that Year 3 children have wellington boots and a raincoat for their weekly outdoor sessions.

Modern Foreign language at Glade

Glade Primary School has successfully completed its participation in the Erasmus+ Programme to support education and training in languages. The programme provided the opportunity for investment in knowledge, skills and competences and to share innovative practices in the teaching and learning of French.

Individual photographs

Braiswick will be coming into school to take the children's photographs on Wednesday 4th November. They kindly submitted their risk assessment which has been approved and we are reassured and satisfied that Covid guidelines will be adhered to. Unfortunately, we are unable to take sibling photographs this time, we apologise for any inconvenience.

Flu vaccinations

Flu sprays will take place on **Wednesday 18th November**. We will send the consent forms home with your child as soon as we receive them from NELFT. Please read through the information provided and return the completed form at your earliest convenience.

ISS lunch menu

The new ISS lunch menu will be shared after the half term.

Alternative adults collecting children at home-time

Polite reminder -if you would like an alternative adult to pick up your children at home-time, please call the school office on 0208 708 0200 and let us know about the changes to ensure the class teacher is aware of the new arrangements.

Safety when dropping children off in the morning

You will have noticed the congestion of cars in front of the school gates at the start of the day. To ensure the health and safety of our children, please do not park in front of the school gates. If you have to drive to school, please park your car away from the school and walk your child in. This week, I have seen children being dropped off in the middle of the road, causing traffic behind them. This makes it harder for our children who walk to school to cross the road safely. Please be considerate to our neighbours by not blocking their driveways. Leave home earlier to allow time to park further away and walk to school. Help keep our children safe.

Library books

We still have over 250 library books that have not been returned since March. Please have a good look for them over the half term holiday and return them to the school as soon as possible.

Attendance

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

There is a strong link between **good school attendance** and achieving **good results** for children. Children who frequently miss school may fall behind in their work which may affect their future prospects.

I would like to share our attendance data for last week.

Well done to **Year 3 for their 100%** attendance last week.

Year group	WB 12.10.20
Nursery	99.22%
Reception	97.35%
Year 1	98.31%
Year 2	98.78%
Year 3	100%
Year 4	95.59%
Year 5	95.96%
Year 6	96.94%
Whole school %	97.57%

Pen licence

5J- Mishall, Isaiah, Ashley and Iliya



Bronze Awards- Merits

Well done to the following children for achieving their bronze award:

2Y- Isabella and Shivam

2R- Edward, Oliver, Leo, Iba, Dayen, Anian and Aadam I

3C- Chenaya, Ethem, Subhaan, Adam, Youcef, Anayah, Noel, Anneeqa and Leo

3R- Stanley and Riyah

4A- Aliza, Tejwant, Ronnie, Muhammad, Casey and Hershne

4D- Aaron, Simran, Parashrum, Gabriela, Jasveer, Tomas, Saarah and Zafir

Reading Rocket Bronze Awards

Congratulations to the following children for achieving their **Bronze reading awards**:

1P- Maarya

1M- Maryam and Giulia

2Y- Hira, Zaki, Theresa, Janaid and Ismael

2R- Oliver

3C- Aadam, Ethem and Shuhaib

3R- Nala and Mya

4A- Annie, Ronnie and Dillon

4D- Fatima and Dhruv

6E- Rachel and Vishay

A special well done to the following children who have earned their **Silver Reading Award**:

1P- Eva

2R- Aurora

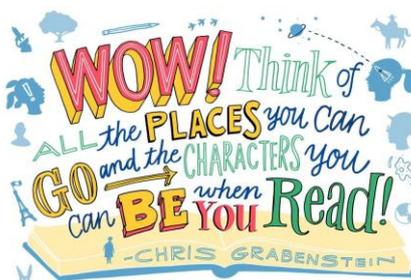
6E- Vishay

Free Readers

5J - Yahya and Alex

5S - Theo

6A- Bilal K



Stars of the week

Well done to this week's 'Stars of the week':



Nursery am - William	Nursery pm- Khadijah Y
RH- Iqraa	RM- Micah
1P- Ibrahim	1M- Anayha
2R- Araniya	2Y- Aarav
3C- Taylan	3R- Dimitri
4D- Adelina	4A- Ronnie
5J- Yahya	5S- Dharam
6A- Phoebe	6E- Muhtad

Key dates for your diary:

- 26th October- 30th October- Half term holidays.
- 2nd November- INSET day- School closed for pupils
- 3rd November- Year 3 Poetry in our forest with Jonny Walker
- 4th November- Individual school photographs
- 9th November- 13th November- Year 6 Bikeability
- 9th November to 13th November- Parents evening- via Zoom
- 16th November- 20th November- Road Safety Week
- 18th November- Flu vaccinations

Tier 2

TIER 2: HIGH

No household mixing indoors

Rule of six will apply outdoors

Pubs and restaurants to shut at 10pm

Please help keep our community safe by adhering to government guidance.

As we live in a Tier 2 area, we should aim to reduce the number of journeys we make where possible.

You can go on holiday outside your local area as long as you don't share accommodation with people you don't live or bubble with, or socialise with them in any indoor setting.

I wish you all a restful half term holiday and look forward to seeing all of our children back on **Tuesday 3rd November**.

Stay safe.

Yours sincerely,

Mrs F Hussain
Headteacher

