



Glade Primary School
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Headteacher: Mrs Farzana Hussain

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Dear Parents and Carers,

Mental Health & Wellbeing- Writing for Mental Health (Article 24)

Evidence suggests that there is a strong link between writing and mental health. Writing not only aids creativity and memory but also acts as a great stress reliever. A study by the National Literacy Trust found that 40% of children said that writing makes them feel better. It is a great way to express thoughts and feelings in a safe and personal manner.

With this being said, we would like to share two resources that support the link between writing and mental health.

Pobble – 20 Wellbeing writing ideas:

<https://blog.pobble.com/20-well-being-writing-ideas-for-children-that-support-their-mental-health>

Action for children – Can't talk, Write:

<https://www.actionforchildren.org.uk/our-work-and-impact/children-and-families/good-mental-health/writing-for-mental-health/>



Safeguarding- What are Social Media Scams? (Article 19)



With online scams on the rise worldwide, it's important we are all aware of what scams are, the common types of scams and helpful tips. Internet Matters have a great information page for parents with lots of useful information.

<https://www.internetmatters.org/resources/online-money-management-guide/social-media-scams-advice-guide-to-support-young-people/>

Picture News (Articles 17 and 31)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that many families who travelled to Glasgow for an event that claimed to channel the magic of Charlie and the Chocolate Factory were sorely disappointed.

This week's question asks children: 'What's the best way to handle disappointment?'



British Values

Individual Liberty

There are times in our lives when we will feel disappointment. We can choose how we respond to it. It is important to remember we are responsible for our actions.

Protected Characteristics

Our religion or beliefs affect the places we choose to visit. They may also impact how we overcome disappointment. We should never be treated unfairly because of our religion or beliefs.

Sex	Sexual Orientation	Age
Disability	Gender Reassignment	Marriage and Civil Partnership
Pregnancy and Maternity	Race	Religion and Belief

UN Rights of a Child

We all have the right to rest, relax, play and take part in cultural and creative activities. Visiting places can help us do this.

Article 31

REST, PLAY, CULTURE, ARTS

Clayhall Community Centre

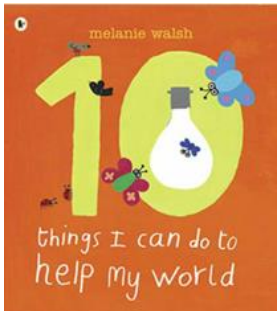
Thank you to Clayhall Community Centre for gifting the school with boxes of delicious medjoul dates.



Book Recommendations



As children (and some parents) have requested book recommendations, each week, one class teacher and a child from the same class will suggest books that they have enjoyed.



Ms Sana in 1S recommends: '10 things I can do to help my world.'

"As we turn the pages, they transform to reveal ten things that everyone can easily do at least one of so as to help conserve the world. Many of them, such as turning off the television properly, walking to school and turning off lights when leaving a room, are about conserving energy. Others, such as feeding the birds in winter and growing plants from seed, encourage an understanding of nature and conservation. It also links very well with our global goals this term!"



Zidan in 1S recommends: 'The Big Freeze.' Zidan likes reading this book because it is all about skating and hot chocolates. He also likes the woolly winter party that the characters have.

REP Basketball Event at Gearies (Articles 29 and 31)

Last week, 10 children from Years 5 and 6 represented Glade at a Basketball Event at Gearies Primary School. The quality of play was amazing and Glade has some very talented players. We came 2nd in the event and are 2nd overall in the local schools REP league table. Well done to the whole team! Thank you to Ms Craggs for leading the event.



Year 2 Visit to Epping Forest (Article 29 and 31)

Year 2 had a fantastic time last week when they visited Epping Forest. Despite the weather, the children had enormous fun participating in two workshops; Eco Art and Mini beast hunt. Inspired by the artist Andy Goldsworthy they created many imaginative pieces using natural resources from the forest. Next, the children participated in the mini beast hunt, they surprised themselves on the many mini beasts they were able to name and identify. The high light of the day was walking through the muddy paths!



Year 5 Writing Project (Articles 29 and 31)

It is great to have Jonny Walker from Otherwise Education back at Glade Primary School working with a group of Year 5 children. This week was the first of five sessions of creative writing, developing children's flair, confidence and Greater-Depth writing abilities across a range of styles and formats. The focus of this week's session is poetry, in line with World Poetry Day!



Y4 Visit to the London Symphony Orchestra (Article 29 and 31)

On Monday, Year 4 travelled to the Barbican to listen to the LSO's performance of 'Heroes and Villains.' Music from familiar favourites such as Star Wars (Mrs Hussain's favourite), Treemonisha, William Tell and Superman were just some of the amazing pieces of music heard by the children. Our thanks to those who supported us by accompanying us on our trip.



Comic Relief

We would like to say a big thank you to everyone for their participation in Comic Relief. The children enjoyed wearing red and sharing their talents. All classes held talent shows where pupils shared jokes, dances, poems and sang their favourite songs. The money raised will be taken to the bank next week for counting and donated to Comic Relief.



Colours of Redbridge- Free Activities

Colours of Redbridge is a three-year programme of community-led arts and culture in the borough of Redbridge.

Please find information about the programme of **fantastic, free events** and activities, with **Kathak dancing, creative writing, African print making, photography and outdoor painting sessions**, to name a few.

To see what activities are on, please use the QR code or visit the website:

<https://coloursofredbridge.com/come-along/>



What's Going on at Glade? – Keeping Safe

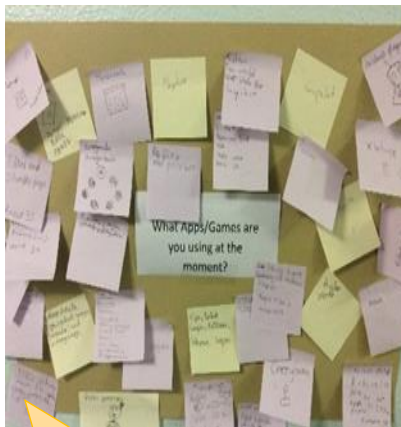
Our Safeguarding ambassadors lead regular assemblies linked to keeping safe. They also helped to write the Glade 'child friendly' safeguarding policy.



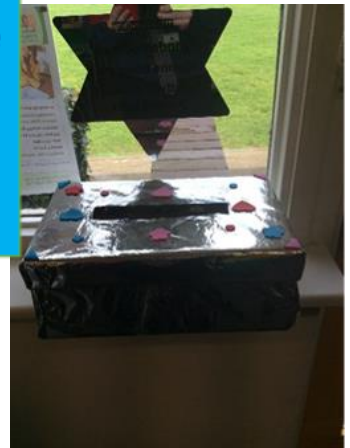
Year 5 and 6 had a workshop from a charity called BRAVE. They learnt about gang exploitation and safeguarding against extremism, deepening their understanding and building resilience in a practical, real-world way.

Our safeguarding motto is:

We are a listening school, we are a telling school.
Children are always encouraged to share any worries with any adult in the school or post it into one of the Bubble boxes for a member of staff to follow up.



Children enjoy decorating their Bubble boxes at the start of the year. Any worries can be put in the boxes and they are checked twice a day.



Throughout Internet Safety week, children were reminded how to stay safe online. They enjoyed completing the quizzes around the school.

Early Years and Key Stage 1 have regular sessions linked to the PANTS rule. It teaches children that their body belongs to them,



Year 5 and 6 attended a Junior citizenship day where they heard from the Police, Fire Brigade and Thames Water.

Year 4 and 5 had a visit from the Caterham Safer Schools officers. They spoke to the children about secondary transition and keeping safe.

During 'My Right to be safe week,' year 3,4,5 and 6 had a First aid workshop. They learnt how to carry out a primary survey and treat bleeds and burns.



Redbridge Choir of the Year (Articles 29 and 31)

Our choir sang beautifully at the Redbridge Choir of the Year competition at Fairlop School on 8th March.

In total, 26 schools participated over a week at various schools in the borough. 6 schools have gone through to the final which will be held at Sir James Hawkey Hall on 23rd April and I am delighted to announce that we are one of them!



Drumming Assembly (Articles 29 and 31)

Well done to Billy, Shreya, Isla, Leo, Jessica, Dylan, Nusaybah and Amelia for impressing the whole school with their amazing drumming!



Parking Near the School Site (Article 27)

Following on from the complaints from the school's neighbours regarding inconsiderate, and often illegal, parking by parents, we had some police presence earlier this week. They said that they would continue to monitor.

Attendance (Article 28)

It is the legal responsibility of each parent/carer to ensure that their child attends school. Attending school aids intellectual, social and emotional development. All children whose attendance is poor will be treated as vulnerable.

Our aim is to ensure that all pupils attend school regularly and on time in order that they reach their full potential and be allowed access to any additional support they may need. At Glade Primary, we work to actively discourage unauthorised absences and are alert to patterns of absence. Children will fall behind when they miss school - but you can make a difference!

Please ensure:

- All medical/dental appointments are outside of school times where possible
- You do not take your child out of school for holidays in term time
- Arrive on time for school every day school is open,
- Only keep your child at home for genuine illness, minor illnesses should not be considered a reason to miss school.

Our school attendance without Nursery (non-statutory) is **95.11%**

Our whole school attendance target remains **96%**.

Well done to **Year 5** for the highest attendance, last week!

Year group	W/B 11.03.24
Nursery	88.37%
Reception	94.15%
Year 1	93.17%
Year 2	94.44%
Year 3	96.14%
Year 4	95.50%
Year 5	98.31%
Year 6	93.93%
Whole School	94.70%

Awards

Well done to the following children:

<u>Bronze Merit</u>		<u>Silver Merit</u>	
2R- Aayan, Aliza, Amaan-Abbas, Artiom, Eesa, Hanvitha, Laana, Mariya, Muhammad Baig, Musa, Faaria, Raiyaan, Shari, Twahir, William, Yahya and Zayn. 4W- Ameerah		2R- Can, Olivia, Samuel, Deen and Adam	
<u>Gold Merit</u>	<u>Platinum Merit</u>	<u>Gold Reading Rocket</u>	
4W- Nusaybah 6B- Khushi	6JM- Eiliyah and Riyah	Star Reader 1S- Logan and Zara	

Stars of the Week- Article 29



Stars of the Week	
Nursery AM- Leila	Nursery PM- Jayden
RQ- Aliza	RM- David
1M- Amber	1S- Kubra
2R- Aminah	2M- Harry
3A- Rohma	3S- Samah
4W- Hannah	4M- Musa
5K- Areeba	5J- Isabella
6JM- Paisley	6B -Ilinca

Writers of the Week- Article 29



Star Writers	
RQ- Amelia	RM- Anastatia
1M- Eesa	1S- Adam B
2R- Olivia	2M- Muhammed
3A- Azeem	3S- Amara
4W- Parmeet	4M- Kaiden
5K - Arsema	5J- Yaa
6JM- Jamal	6B- Youcef

Mathematician of the Week- Article 29



Mathematician of the Week	
RQ- Leo	RM- Zulaika
1M- Abdullahi	1S- Deen
2R- Raiyaan	2M- Yousuf
3A- Hamzah	3S- Arya
4W- Ameerah	4M- Minnah
5K - Dayen	5J- Eesa
6JM- Aadam	6B- Darcey

End of Term

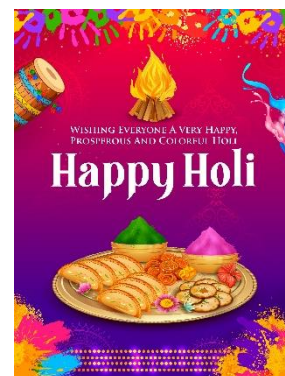
A polite reminder that the last day of term is Thursday 28th March. School finishes at half-day:

Reception, Year 1 and Year 2 finish at 1.15pm
 Years 3, 4, 5 and 6 finish at 1.30pm

There is no Nursery on the last day.
 There will be no After-School Club on Thursday.

Happy Nowruz (Persian New Year) and Happy Holi (Festival of Colours)

Nowruz Mubarak to everyone celebrating the Persian New Year!
 Happy Holi to everyone celebrating the festival of colours!



Yours Sincerely,

F Hussain

Mrs F Hussain
 Headteacher

