

Glade Primary School  
 Atherton Road, Clayhall, Ilford, Essex. IG5 0PF  
 Tel: 0208 708 0200

Email: [parentinfo@glade.redbridge.sch.uk](mailto:parentinfo@glade.redbridge.sch.uk) Website: [www.glade.redbridge.sch.uk](http://www.glade.redbridge.sch.uk)  
 Headteacher: Mrs Farzana Hussain

Thursday 19<sup>th</sup> January 2023

Dear Parents and Carers,

**Mental Health & Wellbeing- Article 24**

This week, we are sharing the link to the CAMHS website.

The Emotional Wellbeing and Mental Health Service (EWMHS/CAMHS) are Redbridge’s area based specialist mental health team providing support to children, young people and their families. Their service is available to families with children and young people from birth to their 18th birthday. They offer help to children and young people who are experiencing emotional, behavioural or mental health difficulties.

Once you have accessed this, look on the right-hand side as a section is labelled ‘useful resources’. These are categorised per difficulty and the folders contain the resources that CAMHS provide to parents and young people. You will find a range of useful resources: <https://www.nelft.nhs.uk/redbridge-camhs/>

**Self-Care Resolutions**

Unfollow or unfriend people/pages that bring you down.	Create routines in your life that nourish you.	Breathe, laugh, and meditate more often.
Instead of a specific goal, focus on adding or taking away.	Commit to at least one act of self-care each day.	Declutter your life in physical & emotional ways.
Make sure that your life supports your mental health.	Surround yourself with a loving and accepting community.	Learn how to rest and take breaks.

BlessingManifesting

**Safeguarding- NSPCC- Article 3**

The NSPCC has launched its campaign, Listen Up, Speak Up, which provides practical guidance on actions to take if concerned about a child. The campaign includes online training on seeking support and speaking up for children.

<https://www.nspcc.org.uk/support-us/listen-up-speak-up/>



**Roblox- Articles 16 and 17**



Roblox is a popular gaming platform. Please be aware that there have been issues raised about inappropriate content being shared on this platform. Please talk to children if they come across anything that requests a private chat, particularly known as the ‘The Game.’ The post claims that the game appears through private chats in an attached Word document that contains the rules and instructions.

For further information, please use this link: <https://oursaferschools.co.uk/2022/01/19/roblox-parents-guide-and-age-restrictions/>

**Picture News- Article**

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that The Repair Café in Wales, believes that because of the cost-of-living crisis, many of us are increasingly repairing, and upcycling items, instead of throwing them away.

This week’s question asks children: ‘Do we throw things away too easily?’

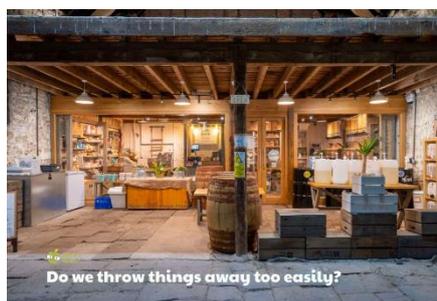
**British Values**

**Individual Liberty**

It is important to remember all our actions have consequences. If we choose to repair items, we can save money, help the environment and learn new skills.

**Protected Characteristics**

Some people throw away more than others because of their beliefs. Our beliefs affect our life choices and the way we live our life.



**UN Rights of a Child**

When adults make decisions, such as what items we should learn to repair and when, they should think about how it will affect us. They should make sure we are safe and protected.

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**BEST INTERESTS OF THE CHILD**

## Article of the Week- Article 14 (Freedom of thought, belief and religion)

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.



## Year 3 Outdoor Learning- Article 29

In Science this half term, we are looking at forces and magnets. This week, we investigated how things move on different surfaces around school. We planned our own investigations to test which type of surface required the most/least force when pulling an object. As part of this experiment, we made a prediction and used a force meter to measure the force in Newtons. Our results showed that textured surfaces like tarmac require more force compared to smooth surfaces like the wooden bench.



## Year 5- Team Repair Workshop- Articles 29 and 31

Year 5 had the exciting opportunity to take part in a Team Repair workshop hosted by expert teams. The children were introduced to STEM (science, technology, engineering and math) and electronic repair, and were given a game console to fix.

Working in teams, the children demonstrated excellent teamwork and problem-solving skills. They were able to diagnose the issues with the game console and repair it with the guidance of the expert teams.

Once the repair was completed, the children were rewarded with a game on their newly-repaired gadget. It was a fun and educational experience for all, and the children were able to apply the skills they learned to real world situations.



## Writers' Workshop- Articles 29

Some of our Year 5 and 6 children took part in a writers' workshop with author Seth Burkett, who visits schools to share the power of literacy. The children had a great time and were fully engaged in learning the craft of writing.



## Farewell

At the end of the month, we will be saying goodbye to Ms Knight (also known as Miss Lisa) and to Miss Kaur (also known as Miss Anisha). Thank you to both for their dedication and commitment to our children during their time here.

Ms Knight has worked at Glade for almost two decades- she has supported many children in that time. We wish them both good luck and success in everything they do. They will be missed at Glade!



## Spring Term Class Talks

We look forward to seeing you at this term's class talk, where you will be able to find out what your child(ren) will be learning this term, as well as strategies to support them. Please make every effort to attend this important meeting which will last no longer than 30 minutes. This year, talks will take place straight after school in person. Parents will be in one classroom and children will be supervised in the other classroom.

Thursday 19th January - Year 2

Friday 20th January - Year 4

Monday 23rd January - Year 3

Wednesday 25th January - Year 5

Thursday 26th January - Year 6

## Parent Workshops

We are pleased to offer a series of parent workshops this term. The areas covered will be in response to feedback from our parent questionnaires.

Please see the table and use the Google form to sign up. All of the workshops will take place directly after school and childcare will be available. Places will be limited so please sign up as soon as you can. All PowerPoints from the workshops will be uploaded to the school website following the session.

<https://forms.gle/eYLPQANxM6snR8aq6>

<u>Workshop</u>	<u>Date and time</u>	<u>Led by</u>
How to support your child with reading and phonics <b>(All year groups)</b>	Thursday 19 <sup>th</sup> January 3:45pm – 4:45pm	Miss Miller and Mrs Ahmed
How to support your child with writing <b>Reception – Year 2</b>	Thursday 2 <sup>nd</sup> February 3:45pm – 4:45pm	Mrs Ahmed and Miss Miller
How to support your child with writing <b>Years 3-6</b>	Thursday 9 <sup>th</sup> February 3:45pm – 4:45pm	Mrs Ahmed
How to support your child with Maths <b>Reception – Year 2</b>	Thursday 23 <sup>rd</sup> February 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child with Maths <b>Years 3-6</b>	Thursday 2 <sup>nd</sup> March 3:45pm – 4:45pm	Mrs Dhadwal
How to support your child's Wellbeing. <b>(All year groups)</b>	Thursday 23 <sup>rd</sup> March 3:45pm – 4:45pm	Mrs Jones and Miss A. Hussain
How to support your child online (E-Safety) <b>(All year groups)</b>	Thursday 30 <sup>th</sup> March 3:45pm – 4:45pm	Mrs Miah and Mr Merchant

## Attendance- Article 28

Regular school attendance is an important part of giving children the best possible start in life. The aim should be to attend 100% of the time. Pupils who miss school frequently can fall behind with their work and do less well in exams.

<b>Year group</b>	<b>W/B 09.01.23</b>
Nursery	78.29%
Reception	93.39%
Year 1	93.77%
Year 2	96.32%
<b>Year 3</b>	<b>98.17%</b>
Year 4	97.22%
<b>Year 5</b>	<b>98.79%</b>
Year 6	96.17%
Whole school	95.51%

Children are required to attend school for 190 days each year. The Government's target for attendance for primary school pupils is at least 95%. As a whole school we have achieved above this expectation for attendance, last week.

Please continue to support us by ensuring children come to school every day.

Well done to **Years 3 and 5** for the highest attendance, last week!

## Times Tables Rock Stars



Times Tables Rock Stars is a maths programme that takes all the worry out of learning times tables and has a proven track record of boosting children's fluency and recall in multiplication and division.

Well done to 4N, 4W and 5U for being the most active classes on TTRS. If you need a reminder of your child's TTRS login details, please speak to your child's class teacher.

Position	Most Active Class
1st	4N
2nd	4W
3rd	5U

## Awards

Congratulations to the following children:

<b>Bronze Merit</b>		<b>Silver Merit</b>	
1C- Aren, Hassan and Livia 1S- Deen 3A- Hannah, Samridh and Zain 3H- Amalia, Amelia, Charlie, Shailen and Theresa		RM- Zidan and Kacey 1C- Khadijah M 1S- Yahya 3A- Atharv, Giulia and Nida 3H- Bradley, Jack and Zara 4W- Ariana, Shivam, Hadi, Selin and Momina 5A- Chenaya and Khushi 6D- Dhruv and Vanesa	
<b>Reading Rockets Bronze</b>	<b>Reading Rockets Gold</b>	<b>Pen Licence</b>	
1S- Deen	2M- George	3A- Minnah 6D- Haaniya, Priya and Parashuram	

### Stars of the Week- Article 29

Well done to the 'Stars of the Week'



<b>Stars of the Week</b>	
Nursery am- Rawan	Nursery pm- Zakariyya
RQ- Deen	RM- Adem
1C- Aman	1S - Faaria
2R- Prince	2M- Aamilah
3H- Donka	3A- Giulia
4N- Aadam	4W- Emaan F
5A- Leo	5U- Sophia
6D- Dhruv	6S- Dillon

### Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'



<b>Star Writers</b>	
RQ- Martin	RM- Joanne
1C- Livia	1S - Khadijah
2R- Safa	2M- Paisley
3H- Musa	3A- Sara
4N- Dayen	4W- Yaa
5A- Zoha	5U- Sophia
6D- Gabriella	6S- Zainab

Yours Sincerely,

*F Hussain*

Mrs F Hussain  
Headteacher

